

# Xtra

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Monday, May 15, 2023

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## CALENDAR

### Saturday, May 13

**THRIFT STORE AT COMMUNITY CUPBOARD** of Underwood, 10 am - 1 p.m., Open to the public at 208 Lincoln Avenue. Shop for clothing, household items, toys, books and more. Donations for all items and proceeds go to the food pantry.

**UNDERWOOD BEAUTIFICATION DAY**, 9:00 am - NOON, Meet at City Hall

**THE THRIFT STORE**, Garrison Area Resource Center, 10 a.m. to 1 p.m.

### Sunday, May 14

**MCLEAN COUNTY WRESTLING CLUB** freewill brunch and silent auction, Garrison City Auditorium, 8 a.m. to 1 p.m.

### Monday, May 15

**THE MISSOURI RIVER BASIN RETIRED TEACHERS ASSOCIATION** will meet at 10 a.m. Monday, May 15 at the Garrison Dam National Fish Hatchery. A business meeting and lunch will follow at The Spillway Café in Riverdale.

**YOGA**, First Congregational Church, Garrison, 8 a.m.

**BONE BUILDERS**, Garrison Senior Center, 10 am.

### Thursday, May 18

**COMMUNITY CLOTHING SHARE-EXCHANGE** at 221 Main St. in Turtle Lake has a clothing opportunity at no cost each Thursday from 12:00 -6:00 p.m.

### Sunday, May 21

**OPEN DOOR COMMUNITY KITCHEN**, City Hall, Turtle Lake ND at 11:30 am to 1 pm.

**THE WASHBURN VOLUNTEER AMBULANCE SERVICE** will be holding its Annual Pancake Breakfast on Sunday, May 21, 2023 from 9 a.m. – 1 p.m. at the Ambulance Bay, located at 917 Main Avenue – main entrance at the side of the building. Pancakes, scrambled eggs, sausage, coffee and juice will be served. Free will donation. Generously supported by the Captain's Cabin.

### Monday, May 15

**YOGA**, First Congregational Church, Garrison, 8 a.m.

**BONE BUILDERS**, Garrison Senior Center, 10 am.

### Wednesday, May 17

**THE THRIFT STORE**, Garrison Area Resource Center, 10 a.m. to 4 p.m.

### Library Hours:

**Washburn Public Library** - Monday-Thursday 10 a.m. to 6 p.m., Saturday 10 a.m. to 1 p.m.

**Underwood Public Library** - Monday, Wednesday and Friday

10 a.m. to 2 p.m. -Tuesday and Thursday 2 p.m. to 6 p.m.

**Turtle Lake Public Library** - Monday and Thursday, 10 a.m. to 5 p.m.; Tuesday, 10 a.m. to 6 p.m.

**McLean-Mercer Regional Library** - Riverdale Open Mon-Fri 8:00 – 12:00 & 1:00 – 5:00

**Garrison Library** is open Mondays from 10 a.m. to 5 p.m., Tuesdays-Thursdays 10 a.m. to 6 p.m., and Fridays 9 a.m. to 1 p.m.



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# WASHBURN AREA RUMMAGE SALE SAT. MAY 13, 2023

PICK UP MAPS AT



**1.) 122 14 st.**  
Saturday 8 am-5 pm  
Household items, boys adult women's and adult men's clothing

**2.) 121 Renner Road**  
Saturday 8 am-5 p.m.  
Rocker, area rugs, kitchen items, decorating items, and miter saw

**3.) 904 5th Ave.**  
Fri. & Sat. 9-6 p.m.  
Kids and baby stuff, clothes, and shoes.

**4.) 206 8th st.**  
Fri. 4-7 pm; Sat. 9 am-5pm  
7 1/2' Christmas tree and decorations, nutcrackers; quit items; small kitchen items including instant pot, bread machine, deep fryer,

air fryer; golf clubs; misc.

**5.) 220 Coulee Drive**  
Fri. 5-8 pm / Sat. 9 am-4 p.m.  
Name brand Women's Jeans and junior sized clothes; kitchen appliances; home decor; other misc. equipment and tools

**6.) 1112 Elton Dr.**  
Fri. 12-6 p.m.  
Sat. 10 am-4 p.m.  
Baby girls clothes and shoes, baby supplies, girl clothes (3t-10/12), girl shoes, toys, stuffies, womens and mens clothers, some decor, and giveaway items

**7.) 1313 Ivy Dr.**  
Fri., Sat, Sun. 8 am-7 pm  
Meat slicer, Juicer (Large, pressured, cooker), Men

things, lots of jars, pillows, craft supplies, books, antique jewelry beads, and old wood cabbage cutter.

**8.) 709 Northgate rd.**  
Fri. 4-7 p.m. / Sat. 9am-2 p.m.  
3 party sale. Tons of misc. yard and household items, and a kitchen aid mixer.

**9.) 1415 Main Ave.**  
Saturday 9 am-5 p.m.  
Adult clothing, books, home decor, athletic items, misc tools and outdoor items. .

**10.) 201 Coulee Drive.**  
Fri. 5 pm-7 pm  
Sat. 9 am-5 pm  
Household items, outdoor/camping gear, boys clothes, womens and mens clothes, toys, and baby items.

**11.) 906 North Gate Rd.**  
Fri. 4-8 pm Sat. 8 am-5 p.m.  
Houshold items, children and aduld clothes, plus many more items.

**12.) 917 Main ave.**  
Sat. 9-5  
Household items, books, kids toys, etc.

**13.) 205 7th St.**  
Saturday 10 am-3 pm  
Lots of guy stuff, vintage \$8 bag sale on clothing outlet inventory.

**14.) 1004 Jennifer Drive**  
Fri. 12-5 pm  
Sat. 10 pm-5pm  
Infant to 3t girls clothes, misc. baby items, like new baby brezza, Household

items, pictures, new totes, golf clubs, and other hidde gems.

**15.) 721 2nd ave.**  
Fri. 4-7 p.m.  
Sat. 9am-5 p.m.  
Household, small antique oak table, misc..

**16.) 1255 Custer Dr.**  
Fri. 3-7pm  
Sat. 10 am-7 pm  
Sun. 10 am-7 pm  
Moving Sale! Household items and decor; holiday items, many garage/tools. Womens clothes XL-2X. Teen girl clothes 0-2.

**17.) 717 4th ave**  
Sat. 10 am-4 pm  
Misc. household items



# PRAIRIE DOC PERSPECTIVES

By Andrew Ellsworth, MD  
The Case for Iodized Salt

Imagine how just over one hundred years ago, nearly □ of people in the upper Great Lakes and upper Midwest regions walked around with a goiter on their neck. A goiter is a lump on the throat, which could be as big as an orange, a grapefruit, or larger. Actually an enlargement of the thyroid gland, a goiter can come from an overactive thyroid gland, an under-active thyroid gland, or an autoimmune condition, but in the United States before the 1920s, the reason was almost always deficiency of iodine.

Iodine is required for making thyroid hormones. In addition to having a goiter, those with iodine deficiency may be fatigued, slow moving, or have poor concentration. Iodine is even more important for brain development for a fetus during pregnancy and for the growing brains in young children. Iodine deficiency can cause fewer IQ points. The archaic term cretinism refers to iodine deficiency syndrome from birth, and affected people are small, mentally slow, and may have an enlarged tongue and thickened skin, among other ailments. Likely 50 million people suffer from iodine deficient brain damage world wide still today.

Iodine is a trace element on the earth's crust, but factors like glaciers and flooding have caused it to be even more scarce in landlocked areas and more prevalent around coastal areas.

In the coastal areas the iodine makes its way through the food chain. In the "goiter belt", the upper Midwest and upper Great Lakes regions of the United States, and in Switzerland, goiters were common due to the lack of iodine in the diet.

The ancient Chinese knew ingesting seaweed could shrink a goiter. In the early 1800s, a Swiss physician observed ingesting iodine could treat the goiters of his patients. As with many things, it often takes a war to cause change. In World War I, a Michigan physician observed that over 30% of recruits had a goiter, and for many of them, it was big enough to disqualify them from the military. This finally got people's attention.

In 1917, US physician Dr. David Marine convinced the Akron, Ohio school board to allow him to perform a study with iodine supplementation. The schoolgirls who received iodine had significantly fewer cases of goiter than the girls who did not.

Dr. David Cowie, who founded the pediatrics department at the University of Michigan, proposed the US adopt the Swiss practice of adding iodine to common table salt. It took effort, but thankfully the salt companies adopted the practice, and still today we have a cheap, common remedy to help prevent goiter and iodine deficiency throughout the United States.

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# ESTATE AUCTION

Saturday, May 20<sup>th</sup> @ 10:00 AM  
(Alternate Date in Case of Weather Cancellation: Sunday, May 21<sup>st</sup> @ 11:00 AM)

Owners: Harry & Lorene Larson Estate  
Location: 1217 Chestnut Dr., Washburn ND

<p><b>TOOLS &amp; SHOP</b></p> <p>Delta 10" Table Saw w/ Biesemeyer Fence Delta Thickness Planer Dewalt Compound Miter Saw on Delta Folding Stand 10" Benchtop Drill Press Troy Bilt Gas &amp; Snap-On Elec. Pressure Washers Kobalt 17 Gallon Portable Air Compressor QEP Electric Tile Saw Jet Air Filtration System Several Shop Vacs Black-Max 6560w Generator Coleman Powermate Pulse 1750 Portable Generator Various Corded &amp; Cordless Powertools (many Dewalt) Routers &amp; Table; Bench Grinder; Delta Sharpener Snap-On King Pin Puller Set Various Handtools Older Rolling Tool Box Various Air Nailers Clamps; 6" Bench Vise Numerous Ladders Folding Painters Scaffold Floor &amp; Handyman Jacks Battery Chargers; Cords Propane Tanks &amp; Heater Dewalt Shop Radio Halogen Shop Lights Ratchet Tie-Downs Folding Sawhorses &amp; Shop Stands; 2 Shop Stools Lots of Shop Supplies, Products, &amp; Hardware Miscellaneous Lumber Anderson Windows - new Rubbermaid Scrub Bucket w/ Wringer Plastic Storage Cabinets</p>	<p><b>BOAT, YARD, GARDEN, &amp; OUTDOOR</b></p> <p>1993 Smokercraft Fazer 172 Boat w/ 75 hp Mercury Mariner Outboard &amp; Shorelander Trailer (currently at the shop for service, unsure if it will be back prior to auction, check website before auction) Husqvarna RZ30 Zero-Turn Riding Mower Honda Harmony Riding Mower Honda HRN 216 Mower Classen Lawn Thatcher John Deere 726 Snowblower Earthwise 8.5 amp Electric Cultivator/Tiller Old Tiller (hasn't been run for some time); Gas Cans Several Wheel Barrows Scott's Broadcast Spreader 2 Pull-Behind Lawn Aerators Aluminum ATV Ramps Various Patio Furniture Garden Bench Electric Chainsaws Trimmers &amp; Blowers Gorilla Garden Wagon Garden Hose &amp; Reels; Sprinklers Lawn &amp; Garden Tools Planters, Trellises, Decorative Fencing, Edging, Gazing Balls, Sprinkle Cans, Yard Décor, Lawn &amp; Garden Supplies, Several Bales of Peat Moss, Bags of Mulch, Potting Soil, Poultry Netting; Plastic Snow Fence, Etc. 4 225/60R 16" Tires, Others Weber Natural Gas Grill Various Coolers Rods/Reels; Some Tackle Remington Pellet Rifle Radio Controlled Airplane</p>	<p><b>FURNITURE &amp; HOUSEHOLD</b></p> <p>Antique Oak Dresser w/ Mirror Several Newer High Quality Curio Cabinets Antique Washstand 2 Antique Wardrobes Multi-Drawer Map Cabinet w/ Added Hutch Top Corner Cupboard, Oak Rocker Upright Gibson Freezer Maytag Refrigerator Apartment Size Refrigerator Whirlpool Front Load Washer (used very little) 2 Matching Leather Rocker/Recliners; Glider Rockers Dinette Set w/ Chairs Drop Leaf Table Oak Computer Desk Various Chairs, Stands, Book Shelves, Tables, Cabinets Dressers &amp; Nightstands 1 Queen &amp; 1 Full Size Bed Full Size Electric Adjustable Bed Frame (no mattress) Rug Doctor Lamps, Mirrors, Heaters, Fans Rugs, Bedding, Bath Linens Elec. Heater/Fireplace Miscellaneous Kitchenware Décor including Lots of Holiday Décor</p> <p><b>COLLECTIBLES</b></p> <p>Toy Farm Tractors &amp; Equip. (50+ pieces, various scales up to 1/8 scale, includes Precision &amp; Spec Cast) Die Cast Cars &amp; Pickups Various Tonka &amp; Other Toys Many Steel Implement Wheels Green Vertique Aladdin Lamp Jim Shore &amp; Hummel Figurines &amp; Collectibles Various Decorative Glass &amp; Porcelain Pieces Albums, Books, Games, Prints</p>
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Note: This is a large sale with quality items. Concessions provided by Captain's Cabin.

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**MOBILE FOOD PANTRY**

The Community Cupboard of Underwood will be hosting a Mobile Food Pantry  
**Tuesday, May 23<sup>rd</sup> • 3-6 p.m.**  
at 208 Lincoln Ave., Underwood, ND

Fresh vegetables, fruits, and shelf-stable items will be available.  
Distributions are set up as a drive-through where clients are able to stay in their cars and items are placed directly inside their vehicle.  
All McLean County residents in need of food assistance are welcome.  
A short intake form is filled out onsite; no pre-registration or referrals required.

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If interested stop by our Turtle Lake location to get an application or call the Store Manager at 701-448-2355.



**GARC** AND The Thrift Store  
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**& FOOD PANTRY**  
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**The Thrift Store Hours:**  
 Wednesdays 10-4  
 Thursdays 4-7 pm starting May 4th  
 Saturdays 10-1  
 Distribution Day 12-7  
 All free-will donations support the GARC Food Pantry

## Food Pantry Distribution Day - Garrison

Open 4th Thursday of Every Month  
**Thursday, May 25<sup>th</sup> • Noon-2 p.m. and 5-7 p.m.**  
**DRIVE-BY PICK-UP ONLY IN ALLEY**

Donations/memorials accepted at: GARC, PO Box 1002, Garrison, ND 58540 or make a donation directly to our account at Krause's.

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**Customer Appreciation Days**  
 May 12, 13, 14 2023

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**Friday, May 12th: 6:30 am-6 pm**  
**Saturday, May 13th: 6:30 am-5 pm**  
**Sunday, May 14th: 8 am-2 pm**

- **FREE:** Full Flavor Farms Hotdogs Cooked on Our Green Mountain Grills - Friday, 5/12 and Saturday, 5/13 from 10 am - 2 pm
- **TORO** Try Before you Buy Event: Toro Representative Available Onsite Friday, 5/12 to Answer Your Questions
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Questions?

Email: [kara.jones900@commonspirit.org](mailto:kara.jones900@commonspirit.org)

or call 701-530-7178







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# THANK YOU!

In recognition of National Nurses Week and National Skilled Nursing Care Week, we thank our nurses, nursing staff and all of our valued employees. Your dedication to providing quality care every day makes Benedictine Living Community-Garrison a great place to live and work.

We also thank our neighbors and their families for their continued trust in our commitment to quality care.

**You are appreciated!**

*Scott Foss*  
Executive Director



609 4th Ave NE, Garrison, ND 58540  
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# ANNUAL CITY AUCTION

Saturday, May 20, 2023 @ 9:00 am

City Impound Lot \* 2011 N 52nd St \* Bismarck ND

For pictures go to: [www.4windsauction.com](http://www.4windsauction.com)

Auction preview Friday, May 19, 2023  
12 PM to 3:45 PM – NO EARLY REGISTRATION  
Gates open at 8 AM on sale day.

## SALE ORDER

BIKES – FIREARMS - SMALL ITEMS  
CITY OWNED PROPERTY  
CITY VEHICLES  
IMPOUNDED VEHICLES

### **APPROX. 125 BIKES**

SCHWINN/HUFFY/ MONGOOSE  
OTHERS TOO NUMEROUS TO MENTION

## FIREARMS

~ALL FEDERAL FIREARM REGULATION APPLY~  
~ADD'L \$20 PER FIREARM BACKGROUND CHECK~

### HANDGUNS

GLOCK 42 (.38) \* TAURUS PT 1911 (9MM W/MAG)  
AMERICAN TACTICAL 1911 (.22) \* RUGER GP 100 (.357)  
S&W 38-2 (9MM W/MAG) \* S&W 22A-1 (.22 LR)  
CANIK ARMS TP9SFX (9MM W/2 MAGS)  
S&W M&P SHIELD (9MM) \* GLOCK 30 (.45 W/MAG)  
S&W M&P SHIELD (9MM MAG) \* RUGER P90 (.45 W/MAG)  
BOND ARMS ROUGH & ROWDY (.45 DERRINGER)  
HI-POINT JCP (.40 S&W W/MAG) \* SCCY CPX-2 (9MM)  
SIG SAUER P320 (9MM) \* TAURUS G3 (9MM W/MAG)  
HI-POINT JHP (.45 W/MAG) \* RUGER SR40 (.40 S&W)  
GLOCK 43X (9MM W/MAG) \* TAURUS PT738 (.38)  
DAVIS INDUSTRIES P380 (.38 W/ MAG)  
HIGH STANDARD THE VICTOR (.22 LR)  
SIG SAUER SP2022 (.40)

### RIFLES / SHOTGUN

MARLIN GLENFIELD M60 (22LR) \* RUGER 10-22 (.22 LR)  
GLOCK 500A (12 GA) \* DPMS A-15 (.223/5.56 W/MAG)  
MOSSBERG 715T (22 LR) \* REMINGTON 870 (12 GA)  
REMINGTON 7400 (.30-06 W/MAG)  
WINCHESTER 120 (12 GA)

## CITY OWNED VEHICLES

2001 CHEVY 1500 - 118K MILES (TRANS OUT)  
1989 DODGE D-250 - 103,513 MILES (TRANS OUT)  
1991 CHEVY TRUCK W/6YD MONROE SANDER  
1977 INTERNATIONAL FLATBED

## CITY OWNED PROPERTY

1992 CUSHMAN GROOMMASTER ATHLETIC  
FIELD GROOMER  
4 - 17" TIRES \* CHAIN LINK FENCING

## MACHINERY & EQUIPMENT

2009 13.5TP BRUTE SNOWBLOWER 29" W/OPERATOR  
COVER  
2 - 14 FT PLOW WITH SNOW GATE

## SMALL ITEMS

LEM MEAT GRINDER \* LEM SAUSAGE STUFFER  
PELLET RIFLE W/SCOPE \* RINGS (SEVERAL)  
BOX OF MISC JEWELRY \* KAYAK \* DUCTWORK  
EMERSON BINOCULARS \* FISHING REELS  
POWERMATE GENERATOR \* DUAL SAW  
CHAMPION GENERATOR \* DRILL BIT SET  
BOSCH RADIO / POWER \* MISC TOOLS (TOTES)  
CORDLESS DRILL W/CHARGER \* TENT(S)  
KOBALT AIR COMPRESSOR \* STIHL WEED EATER  
MINKOTA TROLLING MOTOR \* TOOLBOX W/TOOLS  
CRAFTSMAN PRESSURE WASHER  
ROCKWELL BAND SAW \* DEWALT MITER SAW

## IMPOUNDED VEHICLES

1969 FORD F61MHV \* 1972 TRAVEL TRAILER  
1983 CHEVY RV \* 1988 SUBARU DL \* 1989 CHEVY BLAZER  
1990 CHEVY CK1075 \* 1991 CHEVY FLEETS  
1991 CHRYSLER LEBARON \* 1991 GMC SIERRA  
1992 GMC SAFARI \* 1992 OLDS 98 REGENCY  
1993 ACCURA LEGEND \* 1993 FORD STYLES  
1994 CHEVY CK2095 \* 1995 FORD CONTOUR  
1995 FORD F150 \* 1995 FORD RANGER  
1996 CHEVY BLAZER \* 1996 CHEVY CK1075  
1996 HONDA ACCORD \* 1996 JEEP CHEROKEE  
1997 CHEVY BLAZER \* 1997 CHEVY TAHOE  
1997 SUBARU HATCHBACK \* 1998 BUICK CENTURY  
1998 BUICK LESABRE \* 1998 CADI DEVILLE  
1998 CHEVY SILVERADO \* 1998 FORD TAURUS  
1998 HONDA CIVIC \* 1998 HONDA VT2  
1998 MERCURY MOUNTAINEER \* 1999 CHEVY CAVALIER  
1999 CHEVY TAHOE \* 1999 DODGE RAM 2500 VAN  
1999 MERCURY SABLE GS \* 1999 TOYOTA 4 RUNNER  
2000 BUICK CENTURY \* 2001 CHEVY CAVALIER  
2001 PONTIAC GRAND AM GT \* 2001 CADI SEVILLE  
2001 CHEVY SUBURBAN \* 2001 CHRYSLER SEBRING LX  
2001 CHRYSLER T&C \* 2001 DODGE GRAND CARAVAN  
2001 FORD F150 \* 2001 FORD F250 \* 2001 FORD FOCUS  
2001 HONDA ACCORD \* 2001 HONDA CIVIC  
2001 HONDA CIVIC EX \* 2001 HONDA PRELUDE  
2001 JEEP GR CHEROKEE \* 2001 KIA RIO  
2001 PLYMOUTH NEON \* 2001 PONTIAC GRAND AM  
2001 SATURN L200 \* 2001 SATURN SL1  
2002 BUICK RENDEZVOUS \* 2002 CHEVY SUBURBAN  
2002 CHRYSLER 300M \* 2002 CHRYSLER T&C  
2002 DODGE DURANGO \* 2002 DODGE NEON  
2002 FORD EXPEDITION \* 2002 FORD TAURUS  
2002 HYUNDAI ELANTRA \* 2002 PONTIAC GRAND AM  
2003 CHEVY AVALANCHE \* 2003 CHEVY BLAZER  
2003 CHEVY EXPRESS G3500 \* 2003 CHEVY MALIBU  
2003 CHEVY SUBURBAN \* 2003 CHEVY TRAILBLAZER

## IMPOUNDED VEHICLES CONT.

2003 CHEVY VENTURE \* 2003 DODGE STRATUS  
2003 FORD EXPEDITION \* 2003 FORD EXPLORER  
2003 HONDA CIVIC \* 2003 LEXUS 300ES  
2003 OLDS ALERO \* 2003 SUBARU FORESTER  
2004 BMW 325 \* 2004 BUICK RENDEZVOUS  
2004 CHEVY SILVERADO \* 2004 FORD F150  
2004 FORD TAURUS \* 2004 HONDA ACCORD EX  
2004 HYUNDAI ELANTRA \* 2004 PONTIAC GRAND AM  
2004 PONTIAC GRAND PRIX \* 2005 FORD ESCAPE  
2005 BUICK LESABRE LIMI \* 2005 CHRYSLER SEBRING  
2005 CHEVY MONTE CARLO \* 2005 CHEVY BLAZER  
2005 DODGE NEON \* 2005 FORD TAURUS SE  
2005 MERCEDES-BENZ C \* 2005 SUBARU IMPREZA  
2005 PONTIAC MONTANA \* 2005 SATURN VUE  
2005 SUBARU LEGACY \* 2005 SUZUKI GSX-R600  
2005 TOYOTA SCION \* 2006 PONTIAC GRAND PRIX  
2008 MERCURY MOUNTAINEER \* 2006 GMC YUKON  
2006 CHEVY COLBALT \* 2006 CHEVY IMPALA  
2006 CHEVY MALIBU \* 2006 CHRYSLER T&C  
2006 DODGE GRAND CARAVAN \* 2006 FORD FOCUS  
2006 FORD EXPLORER \* 2007 CHEVY IMPALA  
2006 TOYOTA HIGHLANDER \* 2007 CHRYSLER 300  
2007 CHRYSLER PACIFICA \* 2007 FORD FUSION  
2007 CHRYSLER PT CRUISER \* 2007 DODGE CALIBER  
2007 DODGE GRAND CARAVAN \* 2007 PONTIAC VIBE  
2007 HONDA ACCORD \* 2007 HYUNDAI ENTOURAGE  
2007 NISSAN XTERRA \* 2007 PONTIAC GRAND PRIX  
2007 MERCEDES-BENZ C230 \* 2008 CHEVY MALIBU  
2008 CHEVY TRAILBLAZER \* 2008 MAZDA A6  
2008 CHRYSLER T&C \* 2008 SUZUKI FORENZA  
2008 MAZDA CX7 \* 2008 PONTIAC G5  
2009 CHEVY COBALT \* 2010 FORD FOCUS  
2011 CHEVY CRUZE \* 2011 CHEVY MALIBU  
2012 CHEVY IMPALA \* 2012 CHEVY MALIBU  
2012 BMW X5 \* 2012 CHEVY EQUINOX  
2012 CHEVY TRAVERSE \* 2012 CHRYSLER 300C  
2012 TOYOTA CAMRY \* 2014 KIA SORENTO  
2014 SUBARU WRX \* 2016 VW JETTA  
2018 CHEVY MALIBU \* 2019 JEEP COMPASS  
SALEM 5<sup>TH</sup> WHEEL CAMPER \* FORD F350  
UNK CAMPER \* UNK BOAT \* UNK FLAT BED TRAILER  
2004 FORREST RIVER ENC TRAILER \* UNK TRAILER

**Auctioneers Note: We are happy to be doing the Annual City Auction this year. Items may be added or deleted. There is something for everyone. Rain or shine or snow the auction will go. See you at the sale!**  
Ken

# THOMSEN'S 4 WINDS AUCTION

AUCTIONEER: KEN THOMSEN - LIC.#748; CLERK LIC.#546; MERCER, ND 701-220-8575

ASSOCIATE AUCTIONEER: Heather Thomsen - LIC#876

Terms: Cash, bankable check or credit card (5% convenience fee), nothing removed until paid for. All items sold "as is, where is, without warranty or guarantee". All statements made day of the sale take precedence over any printed ads. Not responsible for accidents. Other terms announced the day of the sale. Lunch will be available



# WE THE PEOPLE

BY DAVID ADLER

## In Defense of Clergy, the Court Strikes Blow for Religious Liberty

In 1977, in *McDaniel v. Paty*, the U.S. Supreme Court delivered a landmark ruling that held unconstitutional one of the last anticlerical remnants of the founding era, a 1796 Tennessee law that prohibited ministers and priests from holding public office.

The statute, drafted at the dawn of the republic in the name of separation of church and state, reflected a widespread legal policy among the early states that sought to curb the outsized role that clergy played in English public affairs and the colonies, in which laws respecting establishments of religion were a commonplace. The principle of banning religious officials from holding public office had enjoyed the support of the influential English philosopher, John Locke, as well as Thomas Jefferson. James Madison and John Witherspoon, the only minister who signed the Declaration of Independence, opposed such restrictions.

By 1796, several of the state laws banning religious leaders from holding office had been repealed. Eleven of the original 13 states contained such provisions. The Bill of Rights had been ratified in 1791, and although it would not be held applicable to the states until the 1920s, state leaders became increasingly drawn to Madison's objection that citizens should not be required to choose between civil rights and religious rights. Prohibiting clergy from holding public office ran afoul of the values embodied in the First Amendment.

In 1977, Paul A. McDaniel, a Baptist minister, filed as a candidate to serve in Tennessee's constitutional convention. Another candidate, Selma Cash Paty, brought a lawsuit seeking a declaratory judgment that McDaniel was barred by the anticlerical statute and should be disqualified. A lower court held the state law violated the First

and 14th Amendment's guarantee of religious freedom. McDaniel was elected with more votes than the combined total of his three opponents. After the election, the Tennessee Supreme Court reversed the lower court, ruling that the statute did not restrict McDaniel's freedom of religion. The court held that the state's interest in maintaining separation of church and state justified restrictions imposed by the statute. The court said that the state constitution had prohibited clergy from serving in the legislature because they "are by their profession dedicated to God and the care of souls and ought not to be diverted from the great duties of their functions."

But the U.S. Supreme Court in a unanimous opinion authored by Chief Justice Warren Burger, struck a blow for religious liberty and declared that the statute violated McDaniel's First Amendment right to freedom of religion. Burger, nominated to the Court by President Richard Nixon, was unpersuaded by the rationale invoked by Tennessee to deny religious liberty to members of the clergy. Burger concluded, "the American experience provides no persuasive support for the fear that clergymen" will promote religious interests and values.

The principal vice of the statute, Burger wrote, was that it made the ability to exercise civil rights—holding public office—conditional on the surrender of religious rights, in violation of McDaniel's free exercise of religion. McDaniel should not be forced to choose between civil rights and religious rights.

The decision was unanimous, but Justices weighed in with different rationales for striking down the law. Justice William Brennan, named to the Court by Dwight Eisenhower, held that the Tennessee statute essentially

constituted a test of religious belief, in violation of the Oath Clause of Article VI of the Constitution, which forbids, as we discussed last week in the column on *Torcaso v. Watkins*, the requirement of a religious test or oath.

Brennan agreed with Burger that governmental imposition of the burden to choose between one's religious beliefs and the wish to hold office is an unconstitutional restriction on the free exercise of religion. And the Establishment Clause, he said, denies to government the authority to discriminate against religious persons seeking public office. The state, he wrote, may not "fence out" those whom it believes to be "overinvolved in religion," for "religionists," like all other members of society, are entitled to the "full measure of protection" when it comes to freedom of speech and association and political activity in general.

Justice Byron White, nominated to the Court by President John F. Kennedy, identified yet another flaw in the statute. He believed that the law violated the Equal Protection Clause of the 14th Amendment. The mischief, White wrote, lay in the fact that the statute, which was specific to clergy, implies that ministers are less capable of preventing outside interests from interfering with their governmental service than anyone else.

The Tennessee statute targeted clergy based on rationales, once well-grounded as a response to the great power that the Anglican Church wielded in England. But the Bill of Rights and evolving notions of civil rights and liberties in the early years of the American republic indicated that the hurly-burly of American politics could embrace the voices of ministers in discussions and debates about the future of country, without fear that they would eclipse those of non-religionists.



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**Mother's Day**  
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11 AM-3 PM  
Chicken Parmesan or Beef Stroganoff  
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Dessert for all Mothers

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**SACA MOVIES**  
**KOTA THEATRE**  
Main St., Garrison  
Adults - \$7 Under 13 - \$5  
Where popcorn is still only 50¢  
Movies start @ 7:30 pm

**End of the Rope, PG-13**  
When a family mysteriously disappears from the town of Schafer, North Dakota, suspicion lands on a sociopathic farmhand, and the entire community rises up to take justice into its own hands. 2h 18m, Mystery/Western 2023. Based on the true story of the infamous Charles Bannan case of 1931.  
May 12 & 13.....7:30 pm  
**SPECIAL MATINEE:**  
May 14.....2:30  
**Guardians of the Galaxy Vol. 3, PG-13**  
Still reeling from the loss of Gamora, Peter Quill must rally his team to defend the universe and protect one of their own. If the mission is not completely successful, it could possibly lead to the end of the Guardians as we know them. 2h 29m, Adventure/Sci-Fi 2023  
June 2 & 3.....7:30 pm

**Leader - News**  
701.462.8126 nordaknorth.com

**Rick Holm Firearm Auction**  
Tuesday, May 16 @ 5:30 p.m.  
Wilton Memorial Hall 105 Dakota Ave, Wilton, ND 58579  
Rick Holm Personal Collection – Selling Winchester, Marlin, Henry, Ruger, Browning and more! Many new and unfired. Also selling gun safe, ammo, and riding tractors.  
Go to [Neumillerauctions.com](http://Neumillerauctions.com) for full listing and details

**Neumiller Auctioneers LLC**  
Auctioneers: Cory Neumiller, Lic. #2069; Joel Neumiller, Lic. #2070  
Neumiller Auctioneers LLC, Clerking Lic. #2071  
Go to [Neumillerauctions.com](http://Neumillerauctions.com) for photos  
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# THE CLASSIFIEDS

- **DEADLINE:** 9 a.m. Thursday.
- **CLASSIFIED WORD ADS:** Terms – Cash, Check, Visa or Mastercard.
- **COST:** \$8 a week for 20 words, each additional word is 25 cents. Half price for each additional week. Can be placed in other papers for half price. Giveaway ads are free one week only.
- **CLASSIFIED DISPLAY RATE:** \$9.50 per column inch.
- **CONTACT INFORMATION:** Phone: 462-8126 • Fax: 462-8128  
Email: leadernews@nordaknorth.com • Website: www.nordaknorth.com  
Mailing address: The Xtra, PO Box 340, Washburn, ND 58577
- **DELIVERY PROBLEMS:** If you're having any problems getting your Xtra - when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800-658-3485 when you want to report problems.

## ANNOUNCEMENTS

NEW IN the area? Get better acquainted with the Garrison Community. Welcome Wagon booklets are available at City Hall, the Firefighter's Museum/CVB or by calling 463-2600 or 463-2345.

36-TFNCCI 58540

**SUPPORT GROUP:** Alcoholics Anonymous Hotline 1-888-680-0651. Alcoholics Anonymous and Al-Anon meetings in Center, Sundays at 5 p.m. CT, St. Paul Lutheran Church, (no Al-Anon) 794-3381; in Garrison, Thursday at 8 p.m. at Garrison Hospital Cafeteria, enter through ER; in Washburn, Sundays at 7 p.m. First Lutheran Church, Harold call 460-1373 or Rachel 202-6716; in Wilton, Mondays at 8 p.m., Sacred Heart Church, 734-6544.

15-TFNPI 58540

**DELIVERY PROBLEMS?** If you're having any problems getting your XTRA - when and where you want it, we want to know. Call 1-800-229-5028 to report problems.

52-TFNPI 58540

"WANT TO Save some Money?" Check out the specials in this week's XTRA. If you're not receiving the XTRA, call this newspaper and we'll make sure you do.

24-TFNPI 58540

## AUCTIONS

CLARYCE JOHNSON AUCTION, Saturday, June 3, 2023, 11 a.m., Garrison City Auditorium, Garrison, ND. Check www.nordaknorth.com SJ Auction Service, Spencer Flath, Lic. #613, 337-5410, Cell: 898-1381, Garrison, ND.

2-4TNCGRXT 58540

## FARM RELATED

HEATED SHOP FOR RENT by the day, week or month. 50x100, has welder, torches and lots of tools. Call Jason, 701-870-0415.

TRAILER FOR RENT: Hopper bottom flatbed with hay racks, goose necks with or without racks. Call for prices. Call Jason, 701-870-0415.

21-1TCHG 58540

EQUIPMENT FOR RENT: Hay Hiker, self-loads, 14 bales; portable diesel welder on trailer. Call Jason, 701-870-0415.

21-1TCHG 58540

BULK FUEL sale and delivery. Premium Clear #2 fuel, \$3.68/gallon; Premium Dyed #2 fuel, \$3.20/gallon; Unleaded Gas, \$2.90/gallon. Call for current pricing. Call Jason, 701-870-0415.

21-1TCHG 58540

FERTILIZER FOR SALE: Urea \$600 delivered; Map \$820 delivered; Anhydrous \$870 (not delivered). Call Jason, 701-870-0415.

36-1TCHG 58540

CUSTOM FERTILIZER SPREADING with 4375 Case IH floater, 70' boom, auto steering, \$5.00/acre. Will supply fertilizer or use your fertilizer; have fertilizer for urea and map. Urea \$505 delivered; map \$715 delivered. Call Jason, 701-870-0415.

## FARM RELATED

CUSTOM SPRAYING with 4930 John Deere sprayers 121', auto steering, swath control, 15" spacing, \$5.50 an acre. Will supply chemicals or use your chemicals. Will travel. Call Jason, 701-870-0415.

## SEED FOR SALE

**Yellow Peas:**

CDC Inca

**HRSW:**

LCS Buster, MS Charger, MS Barracuda, MS Ranchero

**Oats:** CS Camden

**Flax:** AAC Marvelous

**Soybeans:**

Legacy LS-0239N RR2X  
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*Keep your own seed*

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Chris 651-792-5920

Dylan 701-500-7227

Bob 701-720-1808

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## LIVESTOCK

We have the following ship dates scheduled to ship cows and bulls, Monday May 15th, and Monday June 12th. As always, have them there by 11 a.m. Call Darin @ 701-315-0144 with any questions, also follow us on Facebook.

## NOTICES

HAVE YOU BEEN in a relationship where you were emotionally or physically battered? Call McLean Family Resource Center, 701-462-8643 24/7, Washburn. The office hours are 9 a.m. to 5 p.m., Monday through Friday. EEOC compliant.

1-E-TFN-NC 58577

## SERVICES

JUST A NOTION! is taking in clothing alterations and repair; knit/crochet repair. Call for free consultation! Charlene Binsfeld, Washburn, 701-220-5831.

34-9-E-PD 58577

## FOR SALE

Hay for Sale: 1200 pound large round bales, mixed alfalfa and brome, horse hay quality. \$65.00 per bale. Phone: 701-226-3728. Delivery Available.

## GIVEAWAY

23"x35" WHITE SHEETS of tracing paper. Good for packing sheets when moving, kids drawing sheets, wrapping glassware, gift wrapping, etc. Pick them up at the McLean County Independent office at 91 North Main Street, Garrison, ND.

21-TFNNGC 58540

Free Firewood, you cut and haul call 462-3701

## REAL ESTATE FOR RENT

1 Bedroom & Studio Apartments for rent. Call Larry 701-463-2320, 701-421-5002

1-TFNCHGX 58540

## PETS FOR GIVEAWAY

Border Collie/Sheltie Cross 3 puppies, 2 males/1 female. Good working class, good with children, Loveable, medium sized friends. Please call Kim Vincent 701-462-1838

Cats for giveaway  
Call 462-3701

## WANTED TO BUY

WANTED TO BUY, reasonably priced Canning jars, Ball or Kerr - all sizes, call Joyce (701) 862-3672 or 898-0080.

2-4TXTPD 58540

## WORK WANTED

THIS NEWSPAPER offers free job wanted ads to anyone seeking employment at a local or area business. List your job skills or the type of work you are seeking. A free ad of up to 25 words may run up to a month in this newspaper. Mail your ad to Leader-News, P.O. Box 340, Washburn, ND 58577 or email leadernews@westriv.com.

1-E-TFN-NC 58577

## LOST & FOUND

Key found on 6th Ave NE, north side of Wilderness Park in Garrison. Call Nordak North Publications @ 701-463-2201 to describe and claim this key.

## HELP WANTED

WHITE SHIELD School is seeking head and assistant coaching positions for all sports in elementary, Jr. High and High School. Head positions for football and wrestling are already filled.

13-TFNCHCMLNCRXT 58540

GENERAL CONSTRUCTION LABORERS, no experience needed. Pay based on experience. Most work is in Garrison & surrounding area. Contact Kevin Katt @ 701-898-0544 Katt's Construction & General Contracting LLC

12-TFN-CH,XT

WHITE SHIELD Elementary School has 2 teachers positions, 5-8 Math/General Education Teacher & 5-8 ELA/Librarian Teacher. Interested applicants can send cover letter, resume, certification/ability to obtain certification; to wayne.fox@k12.nd.us or more information call White Shield School @ 701-743-4350. Visit our Employment link @ https://www.whiteshield.k12.nd.us/page/employment

9-TFNCHGGCMWX 58540

Meals on Wheels is looking for someone to deliver meals in Turtle Lake. Meals are picked up in Underwood and delivered in Turtle Lake. 1.5 - 2 hours (10:45 - 12:30) Monday through Friday. Hourly rate and mileage paid. Please call Jenny at 442-3488 or Linda at 870-4667. Must be 18 years old, have your own vehicle & proof of insurance.

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## HELP WANTED

place an  
ad today

## HELP WANTED



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Should have current CDL,  
stop in and see Paul  
for application.

Hwy 37 • Garrison, ND

## HELP WANTED



is looking for

## Servers & Kitchen Staff

Apply in person or call  
701-337-2070

Lake Audubon • Hwy 83  
337-2070

## Benedictine LIVING COMMUNITY | GARRISON HELP WANTED

Come Join Our Team!!

## CNA Full-Time

Not a CNA? We Can Help!

**SIGN-ON BONUS**

Apply at [www.blcgarrison.com](http://www.blcgarrison.com)

Call Jill Borth at (701)463-2226  
"EQUAL OPPORTUNITY EMPLOYER"

## HELP WANTED

White Shield School



- Elementary Principal
- School Business Manager
- 2 Elementary Teacher
- 1 Title One Teacher
- 1 Gifted/Talented Teacher
- Basketball Coaches
- Volleyball Coaches
- Football Coaches
- Wrestling Coaches
- Golf Coaches
- Track Coaches
- Cross Country Coaches
- Elementary Teachers
- Bus Drivers

Applications and Background check forms can be found on our school website  
<https://www.white-shield.k12.nd.us/>

Any questions please contact the business office at 701-743-2201.

## Now Hiring

Underwood Park Board is accepting applications for

pt or possible ft assistant manager for pool and park.

Applicants must be at least 18 years old.

This position could turn into a ft manager the following season.

Applications can be picked up at the Underwood City Office.

Deadline May 10, 2023.

## GSSC SECURITY OFFICERS

GENERAL SECURITY SERVICES CORPORATION™

## Washburn & Center, ND

Qualified applicants must be professional, punctual, engaged persons with an excellent work ethic. Employment contingent on passing a criminal background check. Please call (218-726-1606) or email Bill (BillL@GSSC.net) for more information.  
EOE/AA/Disability/Veterans/M/F Employer  
Immediate full-time & part-time openings!

## Benedictine

LIVING COMMUNITY | GARRISON

## HELP WANTED

## RESTORATIVE SERVICES CNA

Full-time Days/ M-F

The Benedictine Living Community | Garrison is seeking a Restorative Services CNA. This person serves as the liaison between Therapy Services and Nursing, and is responsible for implementing and maintaining resident restorative programs while assuring resident safety and care. We are willing to train & pay for CNA certification.

Apply at [www.blcgarrison.com](http://www.blcgarrison.com)

Call Julie Snyder at (701)463-2226

"EQUAL OPPORTUNITY EMPLOYER"



## HELP WANTED

### **Benedictine** LIVING COMMUNITY | GARRISON **HELP WANTED**

Come Join Our Team!!

- Housekeeper
- Life Enrichment

Apply at  
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Call Jill Borth at (701)463-2226  
"EQUAL OPPORTUNITY EMPLOYER"

### **Coaching Positions Available at GHS**

We are currently seeking applicants for the following coaching positions:

#### **VARSITY VOLLEYBALL JH FOOTBALL**

for the 2023 Fall Season

Contact Dr. Klemisch or  
Malynda Iglehart at  
Garrison High School at  
701-463-2818 for more info.

### **Neighbor Assistant at The Meadows!**

Sign On Bonus

**Not a CNA? We can help get you certified.**

We also offer:

- Benefits for FT Employees
- Every other weekend
- Double pay for holidays worked
- 401K Retirement Plan
- Fun, family home environment

learn more or apply online at  
[www.BLCgarrison.com](http://www.BLCgarrison.com)

 **Benedictine**  
THE MEADOWS  
EEO/AA.VET FRIENDLY

## **WE ARE HIRING!**

- CHEMIST
- MECHANICAL ENGINEER
- ELECTRICAL & INSTRUMENTATION TECHNICIAN
- ENVIRONMENTAL COMPLIANCE SPECIALIST
- CUSTODIAN

Full job descriptions at  
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Apply by sending your  
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## **TECH HELP WANTED!**

**TECHNICAL SUPPORT ANALYST: based in Hazen, ND**

All things internet tech support, troubleshooting, & problem solving with patience, attention to detail, and ready to be a hero for our members!

**INSTALLER REPAIR TECHNICIAN: based in Glen Ullin, ND**

The fixer-type who comes to the rescue to find, fix, &/or install all things internet & telcom with a smile and willingness to help our members.



**APPLICATIONS DUE @ NOON on May 19, 2023**

Full job description & application available  
online at [www.westriv.com/careers](http://www.westriv.com/careers)

Questions? call 701.748.4213

WRT is an Equal Opportunity Employer

## STATEWIDES

### HELP WANTED

**HUMAN RESOURCE DIRECTOR, Devils Lake.** Hiring range \$56,250-\$62,500. Lake Region Corporation provides services to people with disabilities with a staff of 125 employees. 701-662-8681.

**ADMINISTRATIVE ASSISTANT – TRIO/POWERSKILLS CENTER. LAKE REGION STATE COLLEGE – DEVILS LAKE, ND.** This is a full-time, 12-month, grant funded position, grant funding renewed for 5 years. Fully paid family or single health insurance, life insurance, sick leave, employee tuition waiver, spouse/dependent tuition discount, retirement, etc. The TRIO/PowerSkills Center Administrative Assistant is a collaborative position that supports advisors, departmental leadership, staff, and students. Go to [www.lrsc.edu/jobopportunities](http://www.lrsc.edu/jobopportunities) for more information.

**ADMISSIONS/FINANCIAL AID SPECIALIST. WILLISTON STATE COLLEGE – WILLISTON, ND.** This is a 12-month position with full benefits. The primary responsibilities include providing office support in Student Services and Financial Aid by assisting students with their application for admission and their application for financial aid, preparing student files, processing information/applications using computer software, and assisting with the recruitment of students by helping coordinate and staff a variety of on campus events. Go to <https://willistonstate.edu/about/Employment/> for more information.

**CAMPUS STORE ASSISTANT. LAKE REGION STATE COLLEGE – DEVILS**

**LAKE, ND.** This is a 12-month position with full benefits, including paid family health insurance. Duties include daily operations of the point of sale system, assists customers, conducts a checks and balances of cash register receipts, is responsible for receiving incoming merchandise and assisting with inventory management; manage daily operation of the coffee bar; and keep the bookstore's website updated and promote a growing web presence. Must be responsible, proficient in word processing and spreadsheet software, and strong customer service skills. For more information go to [www.lrsc.edu/jobopportunities](http://www.lrsc.edu/jobopportunities).

**CUSTODIAN. LAKE REGION STATE COLLEGE – DEVILS LAKE.** This is a flexible position working Monday through Friday, 8 consecutive hours between 6:00am-7:00pm, including rotating weekends. Fully paid family or single health insurance, life insurance, annual leave, sick leave, employee tuition waiver, spouse/dependent tuition discount, retirement, etc. Responsibilities include vacuuming, sweeping, mopping, dusting, removal of trash, cleaning restrooms, classrooms, and offices. Go to [www.lrsc.edu/jobopportunities](http://www.lrsc.edu/jobopportunities) for more information.

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**MISCELLANEOUS HAVE** a news release or other information that needs to reach all ND newspapers? ND Newspaper Association can help! One call does it all. 701-223-6397.



# TRUCK SEASON



\*Based on S&P Global Mobility 2022 CYE U.S. new vehicle registrations using GM custom retail registration type in the GM-1/2 ton, large pickup segments.

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**CHEVY SILVERADO.  
#1 BEST-SELLING RETAIL  
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**FWD, in stock  
NOW \$25,595**

**2023 Chevrolet  
Silverado 1500 LTZ**



**Crew Cab, 4WD, 3.0 Diesel, in stock  
NOW \$67,300**

## Used Vehicles

**2021 Chevrolet Silverado 1500 Crew Cab LTZ**

Dark Blue, 6.2 Engine.....61,000 miles..... \$48,995

**2020 Chev Tahoe LT 4wd SUV**

Silver, Leather Seats.....72,000 miles.....\$39,995

**2020 Chev Blazer RS AWD SUV**

Maroon, Leather, Sunroof ..... 29,000 miles.....\$38,995

**2013 Ford Explorer Limited V6 FWD**

White .....118,000 miles.....\$13,995

**2010 Ford Explorer 4x4**

.....154,000 miles..... \$3,995

**1993 Ford F150 Supercab 4wd**

.....152,200 miles..... \$2,995

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Gray.....26,000 miles.....\$39,995

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Gray.....47,000 miles..... \$38,995

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