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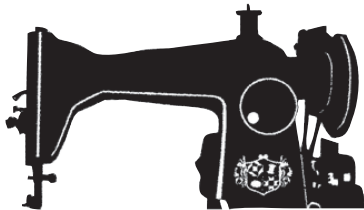
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CALENDAR

SATURDAY, AUGUST 12

THE THRIFT STORE, Garrison Area Resource Center, 10 a.m. to 1 p.m.
GARRISON FARMERS MARKET, Memory Fireworks parking lot, 9 a.m.- 11 a.m.

MONDAY, AUGUST 14

Yoga, First Congregational Church, Garrison, 8 a.m.
FIRST DAY OF SCHOOL for White Shield
BONE BUILDERS, Garrison Senior Center, 10 a.m.
GEARING UP FOR KINDERGARTEN, Garrison Elementary, 12 P.M.- 3 P.M.
THE AMERICAN LEGION VICTOR B. WALLIN POST #12, Washburn, will be holding its summer picnic at the 4-H Camp on Monday, August 14, 2023, at the main dining hall. The 4-H Camp is located 1-1/2 miles west of the Lewis and Clark Center. The Social time will start at 5 pm and the food will be ready by 6 pm with a program to follow. Food and drinks will be provided. Bring another veteran and their family with you. Drawings for door prizes will be held during the meal. There may be a surprise visit from Teddy.

TUESDAY, AUGUST 15

HARVEST MARKET ON MAIN, Main Street, Garrison, 4:30 p.m.
OPEN HOUSE AT CHS GARRISON, 8 a.m.to 5 p.m.
ADULT BOOK CLUB, Garrison Public Library, 7:30 p.m.

WEDNESDAY, AUGUST 16

YOGA, First Congregational Church, Garrison, 8 a.m.
THE THRIFT STORE, Garrison Area Resource Center, 10 - 6 p.m.
CHILDREN'S STORY TIME, Garrison Public Library, 11:15 a.m.

Max Public School Open House, 3 to 4 p.m.

BACK TO SCHOOL NIGHT, Garrison Elementary, 5:30 p.m.- 7 p.m.

THURSDAY, AUGUST 17

FIRST DAY OF SCHOOL for Garrison and Max
BONE BUILDERS, Garrison Senior Center, 10 a.m.
ALCOHOLICS ANONYMOUS, Garrison Hospital cafeteria (enter through ER), 8 p.m.
GRAND OPENING AT D&D ICE BURG from 11 am-7 PM in Washburn. Hamburger/Cheeseburger - \$8, Hot Dog -\$5 with free Ice Cram Cone. The grill will be closed only Ice Cream Treats products on the inside.
COMMUNITY CLOTHING SHARE-EXCHANGE at 221 Main St. in Turtle Lake has a clothing opportunity at no cost each Thursday from 12:00 -6:00 p.m.

SATURDAY, AUGUST 19

FARM FRESH DAY will be held from 10 am to 4 pm. Come out and support local ag. No charge to set up or come.

TUESDAY, AUGUST 22

THE COMMUNITY CUPBOARD OF UNDERWOOD WILL NOT NOT HAVE THEREGULAR DISTRIBUTION date that was scheduled for Sat, August 19 from 10 - noon. We will have the Great Plains Mobile Pantry offering fresh fruits & vegetables, and household staples from 3 - 6 p.m.

SATURDAY, AUGUST 26

LORD'S PANTRY FOOD DISTRIBUTION is held at Trinity Lutheran Church in Turtle Lake from 10 a.m.-12 pm. No referrals or pre-registration required. All in need are welcome to recieve food at no cost.

Library Hours:

Washburn Public Library - Monday-Thursday 10 a.m. to 6 p.m., Saturday 10 a.m. to 1 p.m.
Underwood Public Library - Monday, Wednesday and Friday 10 a.m. to 2 p.m. -Tuesday and Thursday 2 p.m. to 6 p.m.
Turtle Lake Public Library - Monday and Thursday, 10 a.m. to 5 p.m.; Tuesday, 10 a.m. to 6 p.m.
McLean-Mercer Regional Library - Riverdale Open Mon-Fri 8:00 – 12:00 & 1:00 – 5:00
Garrison Library is open Mondays from 10 a.m. to 5 p.m., Tuesdays-Thursdays 10 a.m. to 6 p.m., and Fridays 9 a.m. to 1 p.m.

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THE PELUSO REPORT

By Mike Peluso

DL Strong at the Switch

If you are looking to catch walleyes and a lot of nice eating size fish, look no further because Devils Lake is your destination! I just completed a two-week-long guiding stint there, and I am usually excited to change things up for a bit. To be honest with you, it's going to be hard to leave that type of angling right now. Exceptional would be the best way to describe it!

The best part of Devils Lake right now remains that you can fish the lake anyway you want and catch fish. It's incredible how Devils Lake and Sakakawea differ. Right

now, on Sakakawea you have to fish deep to catch fish, but not on Devils Lake though, as the fish remain shallow and very accessible.

I am switching gears as I type and heading to Sakakawea for a couple weeks. I am hoping I can get on a consistent bite and be every bit as excited as am about Devils Lake. Stay tuned!

Mike Peluso is a Dakota Edge Outdoors contributing writer and a licensed ND fishing guide specializing in walleyes on the state's premier waters.

FBI IS SEEKING INFORMATION ON A PEDESTRIAN CRASH IN MOUNTRAIL COUNTY

BY KELLI AMELING

The Federal Bureau of Investigation is asking the state's residence for help after a hit-and-run crash left a 31-year-old woman dead on Highway 23.

According to a press release from Lt. Ryan Duletski of the North Dakota Highway Patrol, troopers received information at about 3:45 a.m. Aug. 4 about a woman pedestrian who had been struck by a vehicle on Highway 23 near mile marker 52 in Mountrail County about 1 mile east of New Town.

"The 31-year-old female from

Roseglen, ND< was located deceased," Duletski stated in the release. "a witness advised that a vehicle had struck the female and left the scene."

Duletski stated the FBI is primary investigating agency and the NDHP is assisting along with Three Affiliated Tribes Police and the Mountrail County Sheriff's Department.

Anyone with information is being asked to call the FBI at 763-569-8000, the NDHP at 701-328-2447 or State Radio at 701-328-9921.

MCLEAN COUNTY DUO TRIES HAND AT 4-H LIVESTOCK SHOWMANSHIP

BY ETHYN WILLIAMS-CALVERT

Two McLean County individuals were paired to try their hands at the 4-H Livestock Showmanship event at the North Dakota State Fair.

Executive Vice President of the North Dakota Stockmen's Association Julie Ellingson was paired with Eleanor Carlson of McLean County to participate in the event.

According to a press release from North Dakota State University, a leader was paired with a 4-H'er who won champion or reserve champion at the intermediate and senior level I showmanship for six livestock species at the fair.

"The youth provided their leader tips on how to show a specific species of livestock and then served as the judges for the leaders' efforts," the NDSU release stated.

The state leaders who took first place in the event were:

Beef Cattle - Representative Mike Lefor, District 37, Dickinson, coached by Sydnee Johnson, Mercer County

Dairy Cattle - Representative Corey Mock, District 18, Grand Forks, coached by Hailey Klym, Dunn County

Dairy Goats - Senator Greg Kessel, District 39, Belfield, coached by Ian Dohrmann, Stark-Billings County

Meat Goats - Representative Jay Fisher, District 5, Minot, coached by Jett Ouradnik, Slope County

Sheep - Representative Jared Hagert, District 20, Emerado, coached by Molly Hansen, Foster County

Swine - Dr. Ethan Address, ND State Veterinarian, Bismarck, coached by Paige Zimprich, Ransom County

"Our goal for 4-H is to help youth achieve the best in themselves," said Leigh Ann Skurupey, North Dakota Center for 4-H Youth Development assistant director in the release. "4-H helps youth to develop essential life skills, gain knowledge and build confidence to thrive, lead and change the world. This event is a good example of how 4-H provides opportunities for our youth to thrive."

Other state leaders participating and their 4-H coaches were:

Cassidy Hjelmstad, Minot Area Chamber Economic Development Corporation, coached by Grace Ones, Renville County

Governor Tammy Miller, Bismarck, coached by Elizabeth Hanson, Ward County

Representative Bert Anderson, District 2, Crosby, coached by Rylee Erdmann, Ransom County

Julie Ellingson, Executive Vice President, North Dakota Stockmen's Association, coached by Eleanor Carlson, McLean County

Please See 4-H on Page 9 Sara Lovas, Chair, State Board of Agricultural Research and Education, coached by Macy

Monson, McIntosh County

Jim Bahm, State Board of Agricultural Research and Education, coached by Brayden Klym, Dunn County

Representative Dawson Holle, District 31, Mandan, coached by Tessa Sigvaldson, Williams County

Representative Claire Cory, District 42, Grand Forks, coached by Amelia Abraham,

Griggs County

Jason Olson, Ward County Commissioner, Minot, coached by Megan Monson, McIntosh County

Katie Cook, NDSU First Lady, Fargo, coached by Samantha Lyons, Ransom County

Tom Ross, Mayor of Minot, coached by Kinley Schilla, Ward County

Ron Bingeman, North Dakota State Fair Director, Williston, coached by Harlee Jacobson, McKenzie County

Representative SuAnn Olson, District 8, Baldwin, coached by Reanna Schmidt, Oliver County

Senator Randy Lemm, District 20, Hillsboro, coached by Colbie Furstenau, Pembina County

Randall Christman, North Dakota Public Service Commission, Bismarck, coached by Gustin Uekert, Golden Valley County

Representative Shannon Roers Jones, District 46, Fargo, coached by Olivia Nitschke, Stutsman County

Frank Casey, Associate Director, North Dakota Agricultural Experiment Station, Fargo, coached by Jayce Zimprich, Ransom County

Keven Forde, Director of Athletics, Minot State University, coached by Drew Nitschke, Stutsman County

"This was my second year participating," said Macy Monson, McIntosh County 4-H member in the release. "I think it's great helping those who don't come from an agricultural background learn how to show an animal."



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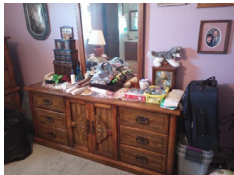
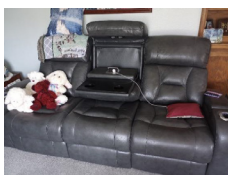
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Auctioneer's Note: Annetta has sold her home and is moving to Arizona. Everything must go! The Hyundai is very nice, as is the furniture. The car will sell at noon.

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WE THE PEOPLE

BY DAVID ADLER

John Marshall: The Great Chief Justice Transforms the Court

Two centuries after his service to the United States as Chief Justice of the Supreme Court, virtually no one doubts John Marshall's preeminent status in America law. Justice Oliver Wendell Holmes, widely regarded as deserving of a seat on a judicial Mount Olympus, observed, "If American law were to be represented by a single figure, skeptic and worshipper alike would agree without dispute that the figure could be one alone, and that one, John Marshall."

President John Adams, who nominated Marshall to be Chief Justice, reflected years later on the importance of his decision. "My gift of John Marshall to the people of the United States," he said, "was the proudest act of my life."

Chief Justice Marshall transformed the Supreme Court, elevated the independence and reputation of the judiciary, cemented the union and defended and preserved the supremacy of the federal government. He was, to be sure, an expounder of the Constitution, but he was more than that, as he rendered its provisions and clauses into a living, breathing constitutional law, one that could be adequate to the needs of a young nation and its citizenry. President James A. Garfield captured his importance. "Marshall found the Constitution paper and made it power. He found a skeleton, and he clothed it with flesh and blood."

Marshall's unique, likely indelible status in American law is literally carved into the Supreme Court Chamber in Washington. The north and south walls of the Chamber present two marble panels in which there is carved a procession of great lawgivers. There are 18 figures, but only one is there because of his work as a judge, and only one is an American. That one is John Marshall.

Marshall is depicted among historical figures who created and shaped the law in their countries and communities: scholars such as Sir William Blackstone, who wrote a

magisterial three-volume study in the mid 1760s, Commentaries on English Law; Hugo Grotius, the Dutch analyst recognized as the father of the Law of Nations; and others, much more familiar to Americans, including Moses and Hammurabi. It is Marshall and not a delegate to the Constitutional Convention such as James Madison, who is featured as the great lawgiver in our nation.

Such was Marshall's influence on the development of American constitutional law that we may fairly say his fingerprints are all over our Constitution. He wrote roughly half the Court's 1,106 opinions during his 34-year tenure, still the longest in our history. He wrote 40 of the 64 opinions in constitutional law cases, dissenting only eight times. Marshall truly led the Court during his years as Chief Justice.

Marshall transformed the Court from a lowly institution into a truly co-equal branch of government. He did this in large measure by ceasing the Court's practice, modeled after the English approach, of issuing seriatim opinions, that is, each judge writing his own opinion. When Marshall was appointed to the Court in 1801, he introduced the idea of issuing "the Court's opinion," a single decision that Marshall, as Chief Justice, assigned the announcement of which to himself. This new practice created an institutional voice, a single judicial ruling on the case before the Court, with the happy result of strengthening the High Tribunal by unifying it with an authoritative voice.

This important innovation, perhaps his most important structural change in the conduct of the Court's business, generated newfound respect for the Supreme Court Justices. The word was out: this Court would command attention when it delivered its decisions. The days of Supreme Court nominees who declined appointment in favor of positions or even jobs in their states, seemed a thing of the past. A Supreme Court nomination was coveted by

attorneys.

Chief Justice Marshall believed it was his responsibility to educate a populace untutored in constitutional law and principles. His opinions sought to legitimate the Court's role in the scheme of governance, an extremely important function as the Court wrestled with controversial issues affecting the country, including resolution of the legal tensions surrounding questions of state versus federal authority. His opinions would read like state constitutional papers, providing deep, but accessible, explanations of constitutional principles which, when applied to the facts of a case, seemed to drive, logically, to a conclusion that reflected concise, cogent thinking manifested in elegant expression and writing.

It was the Marshall Court that first exercised the power of judicial review, hammered home, repeatedly, the theme of the supremacy of the federal government, rejected state sovereignty in favor of popular sovereignty, the jurisdiction of the Supreme Court to review decisions made by the highest state courts, the meaning of the Contract Clause, the Commerce Clause and a slew of other constitutional provisions.

Chief Justice Marshall's constitutional opinions resembled state papers. They were comprehensive and compared favorably to the Federalist Papers. The difference was his opinions constituted the law of the land.

How can we explain the enormous influence that John Marshall wielded in the development of our constitutional jurisprudence? Who was this famous man, the most famous of our Supreme Court Justices? What was he like as a person, and what formed his personality and character? We address these, and other questions, next week.

This column is supported by Humanities North Dakota, a nonprofit dedicated to lifelong learning, and the North Dakota Newspaper Association.

DAKOTA GARDENER

BY CARRIE KNUTSON, HORTICULTURE AGENT

Olla Watering

I will admit I scroll social media as much as the next person. However, my feeds are garden related. I saw a few posts about tips and tricks to keep vegetable gardens watered during dry conditions. One of those tips was using olla watering.

I had not heard of olla watering. So, I had to do some fact checking and research before I changed any of my gardening practices.

Olla watering is a very old form of irrigation using clay pots that are buried in the soil and filled with water. Unglazed clay pots are porous and will allow water to move into the surrounding soil. The superpowers of water and soil move the water through the soil profile.

Soil has spaces in between soil particles (sand, silt and clay) and soil aggregates (groupings of soil particles and organic matter). These pores can be very small or large depending on the soil characteristics. For example, based on soil texture, a sandy soil will have larger pores while a soil with more clay will have smaller pores.

Larger pores do not hold on to water very well and the water will drain after rain. This is usually referred to as gravitational water. The water that stays in the smaller pores is held more tightly and is referred to as field capacity water. Soil is said to be saturated when all the pores are filled with water. Soil pores are connected and help water move through the soil. Water will flow in soil pores from areas of higher concentration to areas of lower concentration.

Olla watering uses the movement of water in soil pores

to distribute water in a garden. The soil pores closer to the olla will be saturated and water will move outwards to open soil pores. Olla watering can reduce water waste by preventing runoff and reducing evaporation, by placing the water in the soil right where it needs to be.

How big of a clay pot do you need in your garden to make a difference? In their publication "Irrigating with Ollas," the University of Arizona Cooperative Extension estimates that water from an olla will move out twice the diameter of the pot. For example, a 10-inch clay pot will provide water to an estimated 20-inch area round the plant. Remember this can vary depending on environmental conditions and soil texture.

There are pots specifically designed to be used for olla watering. Unglazed clay pots also can be used for olla watering. The drain holes will need to be sealed so the pot holds water. Usually, the olla has a cover to prevent evaporation.

The downside to olla watering is the added expense of buying pots, as well as displacing soil and reducing growing space.

My garden space is limited, and I don't really want to spend more money on clay pots. So, I will continue to use my soaker hose and water with a sprinkler in the morning. If olla watering sounds like it will help you, give it a try! Happy gardening!

NDSU Agriculture Communication – Aug. 8, 2023
Source: Carrie Knutson, 701-780-8229, carrie.knutson@ndsu.edu

Editor: Kelli Anderson, 701-231-6136, kelli.c.anderson@ndsu.edu

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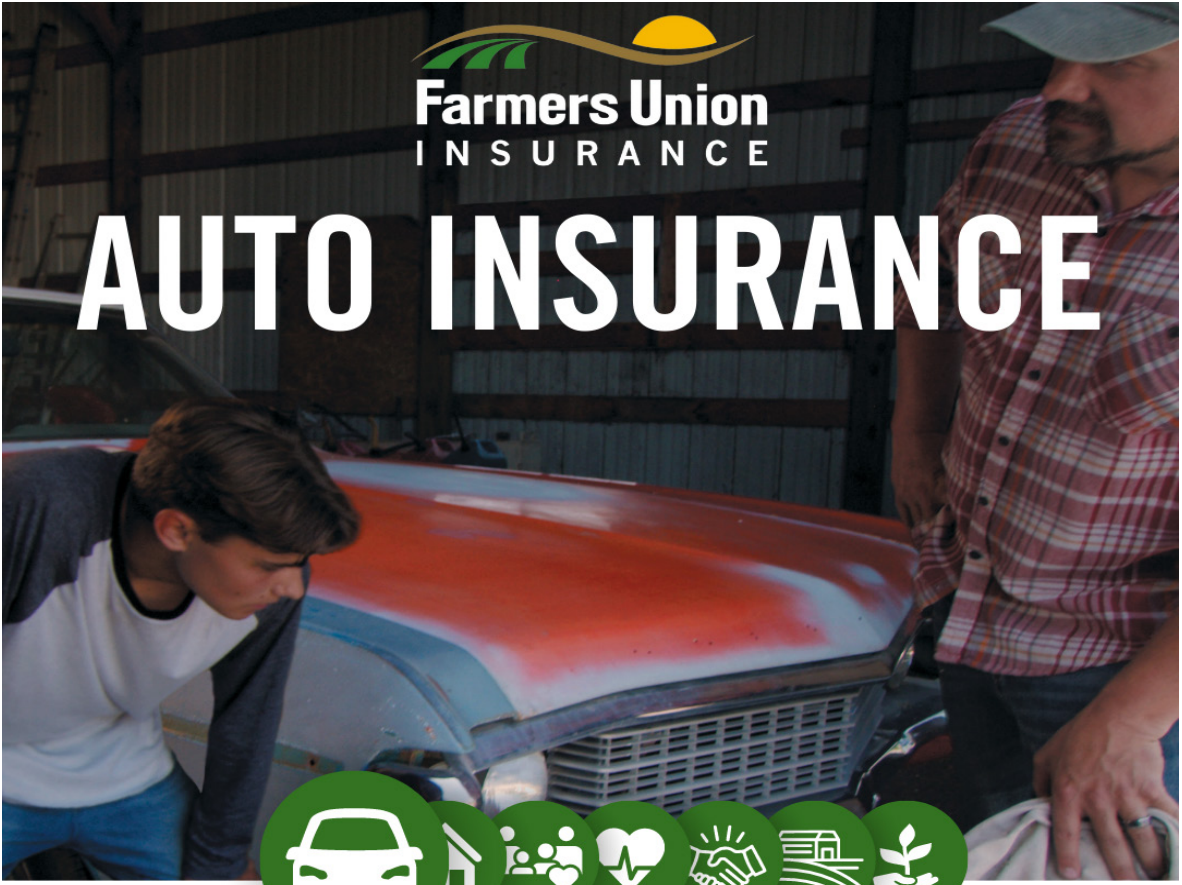
will be honoring our past as we look forward to our future,
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PRAIRIE FARE

By Julie Garden-Robinson, Ph.D., R.D., L.R.D

Get hooked on National Fishing Month

"I am going to catch that fish!" my older daughter said, as she shook her little fist.

She was only about 4 years old at the time. I was standing on the dock nearby, watching her fishing attempts. She dropped a line from her junior-sized fishing rod in the shallow water and watched quietly and patiently.

I think the striped bass was taunting her: "Catch me if you can!"

She didn't catch the fish, but she talked about it for months. She was "hooked" on fishing.

Later, she went to "fishing school" as part of a youth education program, and she caught some small fish. Recently, she went deep-water fishing in Florida and caught some large fish.

Maybe the tiny fish grew up and migrated to the south.

In August, we can celebrate National Fishing Month. Fishing has sustained humans who live near water for thousands of years. Fishing can be a competitive sport and also a relaxing hobby.

Fish is an excellent source of protein. On average, adults need 5 to 7 "ounce equivalents" of protein daily to nourish our muscles and the rest of our body. Protein from meat, poultry, fish, seafood, beans, nuts, seeds, soy and other sources count toward the recommendation.

An ounce of cooked finfish (flounder, walleye, trout, salmon, tilapia and many other types of fish) counts toward our protein total.

Try to vary your protein sources. Protein foods nourish our bodies with B vitamins that help our bodies use the food energy we consume and also provide iron, zinc and magnesium. These minerals play important roles in maintaining our health.

Fish flesh is highly perishable. That's pretty apparent if you have ever left fresh fish in your refrigerator too long or walked along a lakeshore.

Consider these tips to keep your "catch" at its best, whether you have a successful day angling on the water or you buy fresh fish at a market or grocery store.

When fishing, keep fish alive as long as possible in a metal link basket or live box.

If the water is warm, place the fish on ice or keep them in cool water. Don't toss fish into the bottom of the boat where they will dry out or where their flesh may become bruised and susceptible to contamination. Keep fish out of sunlight and direct heat.

Fish in safe waters. For information on the safety of fishing waters, contact your local health department. Some waters may be contaminated by pesticides or other substances.

Clean and cool fish as soon as possible. Fresh fish should

have firm flesh, a mild smell, bright eyes and red gills. Time and heat can rob freshness and flavor. Fish spoil rapidly due to their strong digestive juices. If fish are not cleaned promptly, off flavors may develop.

Don't cross-contaminate when cleaning fish or preparing it. Clean the knife after each use. When you clean fish at home, wash your hands, the knife and the cutting board with warm soapy water after each use.

Store cleaned, fresh fish in the refrigerator at 40 degrees Fahrenheit or lower in a covered container and use within two days. Fish should be kept moist but not wet.

Freeze cleaned fish whole or as fillets. Improperly wrapped frozen fish may become dehydrated – that is, suffer "freezer burn" – due to contact with air. This condition negatively affects taste and texture.

Divide fish into family-size servings and use a plastic cling-type wrap as an inner covering and a moisture/vapor-proof freezer wrap as an outer covering. Bread bags, waxed paper and cellophane wraps are poor freezer wraps, so avoid their use in freezing foods.

Remember to press air from the package to help prevent off-flavors or odors characteristic of freezer burn or rancidity.

If freezer space is available, smaller fish may be placed in water in plastic containers or in clean wax- or plastic-lined milk containers, and then frozen. Label each package with the contents and date, then seal well.

Maintain the freezer temperature at be 0 degrees Fahrenheit or lower. When freezing large amounts of food, scatter the packages throughout the freezer so the food freezes quickly.

Fish forms the basis for a healthful meal on the grill or under a broiler. Remember that deep-frying fish, although tasty, adds a lot of fat and calories without improving the nutritional profile.

Try brushing the fish with your favorite cooking oil (olive, canola) and sprinkling with seasonings, and place on a preheated (hot) grill for about 8 minutes per inch of fish. Remove carefully from the heat, then let the fish rest a few minutes so the juices migrate back into the fish.

Fish and seafood pair nicely with a citrus-based salsa. Here's a tasty recipe to go with your favorite grilled fish.

Mango Salsa

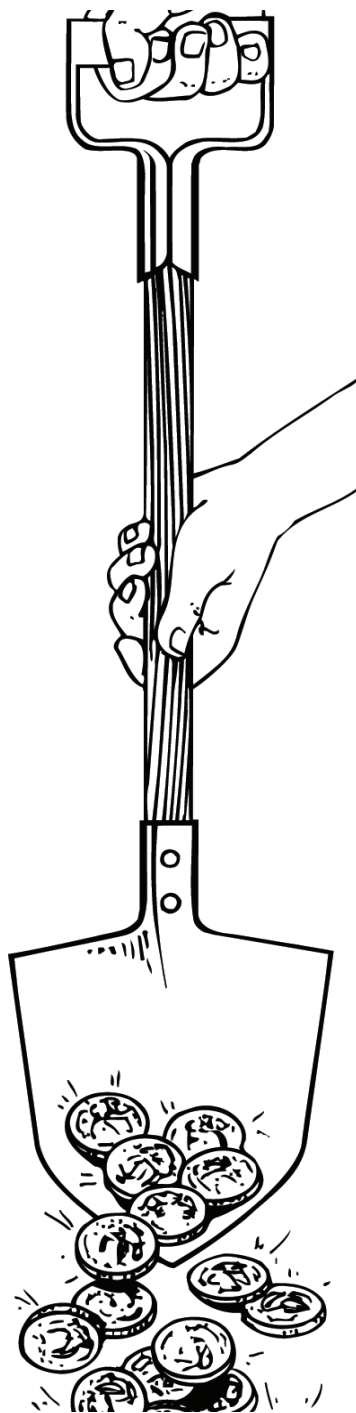
1 mango, peeled and diced
1 large grapefruit, peeled, segmented and diced
S red onion, diced
S jalapeno (or a milder pepper), minced
j cup cilantro, finely chopped
Juice of 1 lime (approximately 2 tablespoons)

Salt and pepper to taste

Prepared as indicated and combine in a bowl.

Makes four servings. Each serving has 60 calories, 0 grams (g) fat, 1 g protein, 16 g carbohydrate, 2 g fiber and 0 milligrams sodium.

(Julie Garden-Robinson, Ph.D., R.D., L.R.D., is a North Dakota State University Extension food and nutrition specialist and professor in the Department of Health, Nutrition and Exercise Sciences.)



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STATE SEEING SPEED AS FACTOR IN 25% OF 2022 CRASHES

BY KELLI AMELING

A speeding enforcement campaign is currently underway in North Dakota to help make drivers slow down.

"Speeding Slows You Down" is running now through Aug. 17, which means extra patrol will be enforcing speed limits and removing aggressive drivers from the road, according to Public Safety Information Program Manger for the North Dakota Department of Transportation Lauren Wahlman.

"Aggressive drivers can follow too closely and change lanes frequently without signals," said Bismarck Police Chief Dave Draovitch in a release from

NDDOT. "They are a danger to themselves and everyone else. Make every attempt to get out of the way if you are confronted by an aggressive driver."

The release states data for 2022 is showing speed was a factor in about 25% of fatal crashes in North Dakota. During the Spring enforcement period, 2,815 citations for speeding were issued.

"Speeding and/or aggressive driving is defined as speeding, driving too fast for conditions, following too close, or operating a vehicle in a reckless, negligent or aggressive manner," the release stated.

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PRAIRIE DOC® PERSPECTIVES

Drug Prices

BY TOM DEAN

High costs and shortages of pharmaceuticals are serious, on-going issues. Drug prices in the US are among the highest in the world. A recent survey by the Rand Corporation looked at drug prices in 32 developed countries. US prices were the highest in the group and were more than twice the average of prices in other countries. What is especially troubling is that the products sold in many of these countries are the same drugs produced by the same manufacturers as those sold in the US at much higher prices.

When it comes to drug prices, consumers – and even third-party payers – have little bargaining power. The reality is, drug companies are free to charge “what the market will bear”.

Recently developed, brand name drugs are typically the most costly. New drugs are usually covered by patents which give the developers exclusive rights to market the product without competition. Patents are for 20 years and begin when a new drug application is filed. This usually occurs years before the product actually comes to market. Nonetheless, companies typically enjoy 10 or more years without any direct competition.

When patents are nearing expiration companies have numerous ways to “game” the system. One of the most common is to make minor, often insignificant, changes in the product and apply for a new patent. Sometimes major producers actually buy up smaller potential generic competitors or pay such companies to delay the introduction of competitive products. Regulators have blocked some but not all such practices.

The patent process is defended as a way to give firms some assurance that they can recoup the expenses they incur if they undertake the costly and highly unpredictable process of drug development. The public clearly has an interest in encouraging new drug development. Critics, however, have pointed out that often much of the early development is done in academic centers, usually at public expense.

Even when patents expire the usual market forces do not always bring about effective cost control. The best example is insulin. There are three major producers of insulin who produce very similar products. Instead of competing on price all three companies progressively raised the retail prices of insulin. Insulin prices in the US climbed to as much as ten times those in Canada. Recent legislation has forced companies to limit out-of-pocket insulin

costs for Medicare recipients to no more than \$35 per month. Subsequently, public pressure led all three insulin producers to agree to a limit \$35 per month for all users. In this situation competition produced real benefits. However, one wonders if the companies can afford to drop the price from over \$100 to \$35, what was their margin before the reduction?

What about prices that are too low? Some older drugs are still vitally important. In several of these cases the prices – and the profitability – have dropped to the point where producers have left the market leaving us with seriously limited production capacity.

Vincristine is a cancer drug, a key component in the treatment of childhood leukemia. Because of low profitability virtually all vincristine has come from a single manufacturer. When that producer ran into production problems no other source was available. Cancer physicians struggled for months with heart rending decisions of having to ration among seriously ill children the very limited amounts of vincristine they could get.

There are other more recent examples. This past winter there were serious shortages of amoxicillin, a widely used antibiotic and, more recently, we are facing dangerous shortages of albuterol, a key treatment for asthma and COPD. In each of these situations the companies have made what they considered to be sound business decisions but decisions which were clearly not in the public interest.

What to do? Open market principles have often served us well but we need to be smart enough - and tough enough - to recognize when we are benefitting and when we are not. We need regulatory limits that protect creativity and innovation yet prevent price gouging and insure availability of vital medicines. That is a high bar but one we as a society must keep working toward.

Tom Dean, MD is a retired family physician who practiced for over 40 years in Wessington Springs, SD and a past member of the Medicare Payment Advisory Commission (MedPAC). Dr. Dean is a recent inductee into the SD Hall of Fame, these articles were previously published in SD Searchlight. Follow The Prairie Doc® at www.prairiedoc.org and on Facebook featuring On Call with the Prairie Doc®, a medical Q&A show providing health information based on science, built on trust, streaming live on Facebook most Thursdays at 7 p.m. central.

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THE FILM PURSUIT

By Hunter Kamrath

Terror in the deep blue sea

“Meg 2: the Trench” is rated PG-13 and stars Jason Statham, Wu Jing, Cliff Curtis, and Skyler Samuels. The film is directed by Ben Wheatley.

In the previous “Meg” installment, a research team opened Pandora’s box by exploring the deepest part of the ocean (also referred to as the trench) not known to exist. Once this team goes into these deep depths, they discover a Megalodon, a pre-historic shark, but they only scratch the surface of what can be found there. In this film, the research team continues to learn about the creatures that lurk in the depths of the ocean, and they go on a voyage to do more research on it. Trouble ensues for the research team when there’s an explosion causing their vehicles to crash and now, they are trapped in a battle for survival. If that wasn’t bad enough, the explosion causes a big hole at the top of the trench allowing many of the creatures to escape. Just when everyone thought it was safe to go back in the water, the Meg is back and this time many creatures join it to cause panic for those out in the ocean.

The first “Meg” film was a big surprise for me. The intense film was extremely thrilling with great performances, top notch visual effects, and plenty of well-timed jump scares. This film also delivers on those things.

Jason Statham commands the screen as the lead actor, proving he is still one of the

best action stars working today. The supporting cast around him also does a great job and makes the audience believe in this larger-than-life creature feature.

The visual effects are outstanding. The underwater sequences are top notch and comparable to films like “Avatar: The Way of Water” and “Aquaman.” All the creatures are realistic and help make this creature feature believable.

The storyline is a little bit of a mixed bag. I praise the screen writers for trying to craft a story that takes a few familiar elements from the predecessor while also trying to do something new. Elements of the story kind of reminded me of the 1999 hit “Deep Blue Sea” as well as the 1993 classic “Jurassic Park.” But ultimately, the storyline felt underwhelming. One of the big storylines is the reveal that there is a mole among the research team, but this twist comes off as anticlimactic as it is revealed who the mole is far too soon. There are many scenes that feel too long, and it would have been beneficial to cut those scenes down and add in scenes to help showcase all the creatures, as well as scenes to help add more context to the storyline the filmmakers are trying to tell.

This movie is a well-made thriller with lots of cool creatures with some well-timed jump scares. The actors do a great job and help make the audience believe in this

fantastical creature feature. The film’s biggest shortcoming is some of its weaker story elements.

Overall score: 7/10
Bonus quick review:
“Oppenheimer”

“Oppenheimer” is directed by Christopher Nolan and stars Cillian Murphy and Robert Downey Jr. The film is Rated R, and the rating should be taken very seriously as the film is not appropriate for younger viewers as it contains a lot of profanity and features many scenes with nudity.

“Oppenheimer” follows the true-life story of Robert J. Oppenheimer with most of the film taking place in a court setting where the testimonies are shown as flashbacks as we see how the atomic bomb was created and the aftermath of that incident.

The visuals are fantastic, and the performances are top notch with Robert Downey Jr. giving my favorite performance of the year so far. But unfortunately, the rest of the film was a disappointment. The film is far too long, with many scenes that could’ve ended up on the cutting room floor. The story is very convoluted, with the film constantly jumping around to different years making it very hard to follow. I really want to recommend this picture, but because of the hard to follow story and far too many unnecessary scenes, I can’t recommend “Oppenheimer”.

Overall score: 4.5/10

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 Contact Dr. Klemisch or Malynda Iglehart at Garrison High School at 701-463-2818 for more info.

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The Falkirk Mining Company is seeking a high-energy, self-motivated, and safe team member to join The Falkirk Mine as a Diesel Mechanic.

The Falkirk Mine is located 50 miles north of Bismarck, ND, near Underwood.

This full-time position requires experience in repair and maintenance of heavy equipment including ability to read, understand, and use prints and manuals. Knowledge of engine, transmission, drive train, pneumatic, hydraulic, electrical, and air conditioning systems is essential. Skill in diagnosing malfunctions, including the use of computers, is required. Vocational training and related experience are necessary. A written test may be given.

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- Salary begins at \$46.60/hr with higher grades attainable
- Go home every day! All jobs are located on the mine site.



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Falkirk is an Equal Opportunity Employer
 EEO/M/F/disability/veteran

You must meet the specific minimum requirements listed to be considered a qualified applicant.

The Falkirk Mining Company is a wholly owned subsidiary of The North American Coal Corporation, a NACCO Company

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Equipment Operator Position Open

The Board of Sheridan County Commissioners will be accepting applications for an Equipment Operator position for in the Martin area. Qualifications are to have experience in repairing and performing a variety of skilled and semi-skilled work in operation of medium to heavy equipment utilized in road construction, maintenance, and repair projects. Wages \$20.00-\$25.00 per hr. plus benefits - negotiable upon experience. Up to a 45-hour week. Starting date of hire is as soon as can be.

Application forms are available at the office of the Sheridan County Auditor,
 PO Box 439, McClusky, ND 58463
 PH# 701-363-2205 or
 County website: www.co.sheridan.nd.us

Applications must be returned to the Sheridan County Auditor's Office by 4:00 p.m. September 1, 2023.

Shirley A. Murray
 Sheridan County Auditor

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