

Xtra

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Vol. 40, No. 32
Monday, December 4, 2023

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CALENDAR

SATURDAY, DECEMBER 2

- DICKENS VILLAGE FESTIVAL**, Garrison
- THE THRIFT STORE**, Garrison Area Resource Center, 10 a.m. to 1 p.m.
- HOLIDAY CRAFT AND VENDOR SHOW**, 10 am-2 pm at Underwood City Hall
- SANTA PHOTOS**, 11:00 am-12:00 pm at Underwood City Hall
- HOLIDAY KNOEPHLA SOUP LUNCH AND MORE!** 10 am-2 pm at Underwood City Hall

SUNDAY, DECEMBER 3

THE WASHBURN BAPTIST CHURCH CHRISTMAS TEA will be held at 5:00 p.m. in the Church's Gym. No reservations and no tickets to purchase.

MONDAY, DECEMBER 4

- THE WASHBURN PUBLIC LIBRARY** would like you to join us Monday mornings at 10:30 am for our weekly children's story time Puppy Tales with Ichabod.
- THE WASHBURN LIONS CLUB** will meet at 6:30 p.m. in the Senior Center. Meal will be served before the meeting. All are welcome to join!
- YOGA**, First Congregational Church, Garrison, 8 a.m.
- BONE BUILDERS**, Garrison Senior Center, 10 a.m.

TUESDAY, DECEMBER 5

INTERSECTION IMPROVEMENT MEETING, Max Civic Center, 5 p.m.

WEDNESDAY, DECEMBER 6

- YOGA**, First Congregational Church, Garrison, 8 a.m.
- THE THRIFT STORE**, Garrison Area Resource Center, 10 - 6 p.m.
- ANGEL OF HOPE REMEMBRANCE**, St. Paul Lutheran Church, 7 p.m.
- UNDERWOOD KIDS SHOPPING**, 4:30-7:00 at Underwood City Hall

THURSDAY, DECEMBER 7

- BONE BUILDERS**, Garrison Senior Center, 10 a.m.
- GARRISON ELEMENTARY WINTER CONCERT**, Garrison High School, 1 p.m.
- ALCOHOLICS ANONYMOUS**, Garrison Hospital cafeteria (enter through ER), 8 p.m.

FRIDAY, DECEMBER 8

TURTLE LAKE SENIOR CENTER, 1:30 p.m. at Turtle Lake City Hall.

TUESDAY, DECEMBER 12

THE WASHBURN AMERICAN LEGION VICTOR B. WALLIN POST #12 AND AUXILIARY will be meeting Tuesday, December 12, 2023, at the Memorial Building. There will be a 6:00 pm social with meetings to begin at 7:00 pm. The Auxiliary will be providing Holiday treats for the social. The Auxiliary is also reminded to bring paper towels and all kinds of pasta to be donated to the McLean Family Resource Center. New members are always welcome.

THURSDAY, DECEMBER 14

LORD'S PANTRY FOOD DISTRIBUTION is held at Trinity Lutheran Church in Turtle Lake from 2 pm - 4 pm. No referrals or pre-registration required. All in need are welcome to received food at no cost.

FRIDAY, DECEMBER 15

TURTLE LAKE SENIOR CENTER, 1:30 p.m. at Turtle Lake City Hall.

SATURDAY, DECEMBER 16


COMMUNITY CUPBOARD OF UNDERWOOD - FOOD PANTRY will be doing December Christmas baskets from 10 a.m. - 12 p.m.

SUNDAY, DECEMBER 17

- UNDERWOOD CITY WIDE CHRISTMAS LIGHT JUDGING**
- OPEN DOOR COMMUNITY KITCHEN**, Turtle Lake City Hall, Please note, Only Date for December due to Christmas holiday, Sunday, December 17th, 11:30 am to 1:00 pm, See you all, next year!

LIBRARY HOURS:

- WASHBURN PUBLIC LIBRARY** - Monday-Thursday 10 a.m. to 6 p.m., Saturday 10 a.m. to 1 p.m.
- UNDERWOOD PUBLIC LIBRARY** - Monday, Wednesday and Friday 10 a.m. to 2 p.m. -Tuesday and Thursday 2 p.m. to 6 p.m.
- TURTLE LAKE PUBLIC LIBRARY** - Monday and Thursday, 10 a.m. to 5 p.m.; Tuesday, 10 a.m. to 6 p.m.
- MCLEAN-MERCER REGIONAL LIBRARY** - Riverdale Open Mon-Fri 8:00 - 12:00 & 1:00 - 5:00
- GARRISON LIBRARY** - open Mondays from 10 a.m. to 5 p.m., Tuesdays-Thursday 10 a.m. to 6 p.m., and Fridays 9 a.m. to 1 p.m.



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DAKOTA RECREATION REPORT

Outdoor Notes:

*Current ice conditions on any lakes aren't conducive for access. Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice and don't move around at night.

*Dec. 1 & 2: Fort Stevenson State Park Dickens Village Festival Geo-cache, Garrison. Contact the park, (701) 337-5576, for details and GPS coordinates.

*Dec. 1: Muzzleloader deer season opens.

*Dec. 3: High and Low Plains Duck seasons close.

*Dec. 8 & 9: Fort Stevenson State Park Dickens Village Festival Geo-cache, Garrison. Contact the park, (701) 337-5576, for details and GPS coordinates.

*Dec. 9: High Plains Duck season opens. Refer to N.D. Game & Fish Dept. regulations for open zone description.

Fishing:

Lake Sakakawea elevation, Nov. 27: 1,839.98 feet above mean sea level; 17,200 cubic feet per second (CFS) Garrison Dam average daily releases.

Missouri River gauge height, Stanton: River stage, 6.94 feet.

Missouri River gauge height, Washburn: River stage, 9.01 feet.

BY PATRICIA STOCKDILL

*N.D. Game & Fish Dept. game wardens: A few anglers fishing Lake Sakakawea's midsection.

*Lakes Audubon & Sakakawea, Cenex Bait & Tackle, Garrison: No new reports.

*Lakes Audubon & Sakakawea, Hwy. 83 Lawn & Leisure, Garrison: No reports from the east end of Lake Sakakawea but anglers continue working the midsection around the New Town area for walleye with fair success.

*Lake Sakakawea, New Town: Continued fair to good fall walleye bite using jigs and minnows in 14 to 30 feet, weather permitting.

*Missouri River, Dakota Tackle, Bismarck: No reports from the Missouri River around Bismarck-Mandan with a few anglers still going south around the state line.

*Missouri River, Enerbase of Washburn: No activity on the Missouri River or area lakes.

*Missouri River System, Scott's Bait & Tackle, Pick City: Try the spillway channel from boats in the afternoon and evening for walleye on the Missouri River using jigs and minnows. A few fish taken shore-fishing or from the wing walls. Overall limited angler numbers, though. Lake Sakakawea quiet.

*McLean Co. area lakes,

Cenex of Wilton: No new reports from the Missouri River or area lakes with the slow transition to ice-fishing.

Hunting:

*Deer: Late rut still lingering earlier in the week for muzzleloader season.

*Upland: Fair numbers remain in some areas.

*Waterfowl: A lot of ducks moved off Lake Sakakawea but Canada geese still lingering and scattered along the lake's open water around the midsection and east end. Few birds remain in the northwest and they moved out of north-central N.D. Most Canada geese and diving ducks moved out of east-central N.D. with a few scattered birds on Devils Lake. Geese along the Missouri River System don't have much of a feeding pattern.

Numbers to know:

*N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

*N.D. Game and Fish Dept., Riverdale office: (701) 654-7475.

*Report All Poachers: (800) 472-2121 or (701) 328-9921.

*Friends of Lake Sakakawea, the region's only organization working for quality lake access, weed control and effective partnerships, (www.lakesakakawea.com).



**If you
find
mistakes**

in this publication, please consider that they are there for a purpose.

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DAKOTA GARDENER

BY CARRIE KNUTSON, HORTICULTURE AGENT

A hoya addition

Gardeners must give off the impression of being plant care takers. This has to be true, as I have been gifted one more houseplant. This makes four total in the past year. It is hard to say no to a plant, especially when it is a plant that you don't have already.

My mother "gifted" me a very large hoya plant she received from a friend. She didn't like the plant and wanted it out of her house. I was horrified for the plant's fate and didn't want it put in the dumpster. The plant is quite stunning. It has mainly white and green variegated foliage, but occasionally there are leaves with pink and green variegation. So, the plant made the trek to my office before the weather got cold.

Hoyas are sometimes called wax plants, wax vine or porcelain flower. They are in the same family as milkweed. There are a few hoya species in the houseplant industry, with many cultivars and varieties with different colors and leaf textures.

Hoyas are native to Australia and have thick leaves that are covered with a waxy layer. The waxy layer helps the leaves retain moisture. They have a vining growth habit and grow quite long. My rescued plant has long vines, six or more feet in length.

I did have to cut a vine as it grew through an eye hook on a wall hanging. It was a vine that had the pink coloration. Luckily, hoyas can be propagated by stem cuttings.

My cutting is in a small vase of water with a new developing root.

Hoyas are described as an easy-care plant, as they are treated like a succulent. Hoyas like well-drained soil, so use a cactus or succulent potting soil mix. Keep the soil moist but not wet. If the leaves start to curl or have a limp appearance, it is time to water. Hoyas prefer bright indirect light and are slow growing.

Hoya flowers have a sweet smell and develop on the ends of vines. New hoyo growers are warned not to trim off the bare vine ends, as flowers will form year after year from this area. I can't wait for my hoyo to flower. Happy gardening!

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PUBLIC NOTICE

Candidates Sought for County Appointed Positions

McLean County residents interested in being considered for appointments to a variety of county boards have until December 31, 2023 to submit letters of interest.

A total of 11 positions expire effective December 31, 2023. The positions are listed below.

According to County Auditor Beth A. Knutson, to be eligible for consideration for appointment to any of the positions, interested individuals must submit a letter of interest for the position that includes a short background statement. All applicants must be at least 18 years of age and in some instances must reside in a specific commission district or geographical area of the county.

Dakota Central Human Services Zone Board: One 3-year term expires. The current member is Agnes Jennings of Washburn. Mrs. Jennings is eligible for reappointment

Planning & Zoning Commission: One 1-year Unexpired term for the Underwood area this position is currently vacant.

McLean County Water Resource Board: One 3-year term expires. Applicants must reside in McLean County's First Commission District for the 3-year term. The current member is Lynn Oberg. Mr. Oberg is eligible for reappointment.

McLean County Weed Control Board: One 4-year terms expire. The position is for the Garrison area. The current member is Garrett B. Krueger. Mr. Krueger is eligible for reappointment.

McLean County School Reorganization Committee: One 3-year term expires. The current position is vacant.

County Officials Seeking Re-Appointment:

- Tax Director/Land Use Administrator-Todd Schreiner
- Veteran's Service Officer-Todd Schreiner
- E-911 Coordinator- Richard D. Johnson
- County Highway Superintendent- Jim Grey
- Emergency Manager-Noelle Kroll
- Clerk of Court-Bonnie Bohnsack

Letters of interest can be sent:

By Mail: McLean County Auditor
P.O. Box 1108
Washburn ND 58577

By Email: baknutson@nd.gov

By Fax: 701-462-3542

On or before 4:30 PM Friday, December 31, 2023.



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 • **DELIVERY PROBLEMS:** If you're having any problems getting your Xtra - when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800-658-3485 when you want to report problems.

ANNOUNCEMENTS

NEW IN the area? Get better acquainted with the Garrison Community. Welcome Wagon booklets are available at City Hall, the Firefighter's Museum/CVB or by calling 463-2600 or 463-2345.
 36-TFNCCI 58540

SUPPORT GROUP: Alcoholics Anonymous Hotline 1-888-680-0651. Alcoholics Anonymous and Al-Anon meetings in Center, Sundays at 5 p.m. CT, St. Paul Lutheran Church, (no Al-Anon) 794-3381; in Garrison, Thursday at 8 p.m. at Garrison Hospital Cafeteria, enter through ER; in Washburn, Sundays at 7 p.m. First Lutheran Church, Harold call 460-1373 or Rachel 202-6716; in Wilton, Mondays at 7 p.m., Sacred Heart Church, 734-6544.
 15-TFNPI 58540

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 52-TFNPI 58540

"WANT TO Save some Money?" Check out the specials in this week's XTRA. If you're not receiving the XTRA, call this newspaper and we'll make sure you do.
 24-TFNPI 58540

FARM RELATED

BULK FUEL sale and delivery. Premium Clear #2 fuel, \$3.78/gallon; Premium Dyed #2 fuel, \$3.35/gallon; Unleaded Gas, \$3.25/gallon. Call for current pricing. Call Jason, 701-870-0415.

GIVEAWAY

23"x35" WHITE SHEETS of tracing paper. Good for packing sheets when moving, kids drawing sheets, wrapping glassware, gift wrapping, etc. Pick them up at the McLean County Independent office at 91 North Main Street, Garrison, ND.
 21-TFNCG 58540

HELP WANTED

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 12-TFN-CH,XT

LIVESTOCK

WE HAVE THE FOLLOWING SHIP DATES scheduled to ship cows and bulls, Monday, December 11th.. As always, have them there by 11 a.m. Call Darin @ 701-315-0144 with any questions, also follow us on Facebook.

NOTICES

HAVE YOU BEEN in a relationship where you were emotionally or physically battered? Call McLean Family Resource Center, 701-462-8643 24/7, Washburn. The office hours are 9 a.m. to 5 p.m., Monday through Friday. EEOC compliant.
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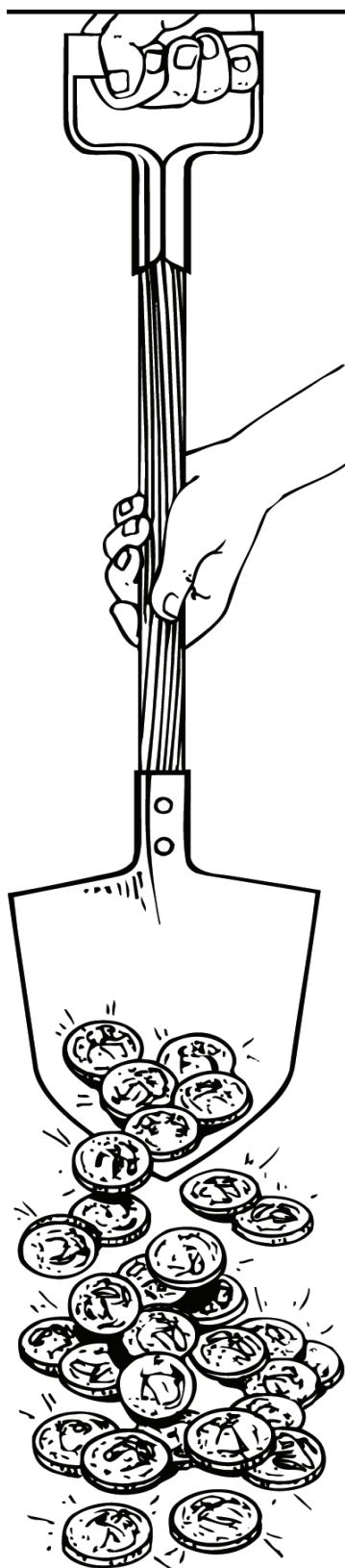
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 14-TFNGRXTLNCMCHG 58540

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The McLean County Independent is seeking a **FREELANCE WRITER** for the Max area. Duties include covering events in that area that are happening. Would also research stories and obtain facts, interviewing individuals, providing photographs, investigating newsworthy stories, covering sporting events. If interested, please call 463-2201 or email resume or application to: darla@nordaknorth.com


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HELP WANTED

Benedictine
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HELP WANTED

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- Housekeeper
- Maintenance Tech
- Culinary Aide

Apply at www.blcgarrison.com
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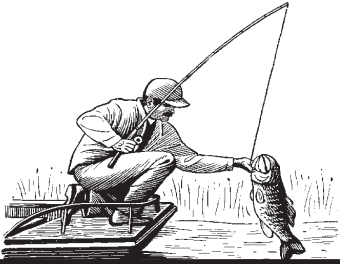
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REAL ESTATE FOR SALE

McLean County Land for Sale

Tract 1: NE1/4NE1/4, E1/2NW1/4, W1/2NE1/4 less Outlot A Section 18-149-86
 Total Acres: 114 acres – more or less

Minerals: Sellers to reserve all oil, coal, gas and all other minerals the sellers may now own of record.

Terms: Cash, with 10% down as earnest money upon completion of bids and balance payable within 45 days.

Bids: Written bids, accompanied by a cashier's check or certified check for \$5,000 payable to Haugen Farm Realty, Inc., will be accepted until 5:00 pm on Tuesday, December 5th, 2023. The top 5 bidders will have the right to orally raise their bids at 10:00 a.m. on Friday, December 8th, 2023. Sellers will furnish an updated abstract. Sellers will pay the 2023 Real Estate Taxes and all prior years. Sellers and buyer will split the fee for the actual closing 50/50. The seller reserves the right to accept, reject or modify any and all bids and to modify the oral bidding requirements.

Information: Bids may be submitted to and further information, along with bid forms, may be obtained from:

Ryan Haugen, Haugen Farm Realty, Inc.,
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PRAIRIE FARE

By Julie Garden-Robinson, Ph.D., R.D., L.R.D

Gift-giving season includes gift drawing for readers

"I think it's time to leave," I said to my husband.

My husband picked up our kid, who could transform into a marble statue or a column of wiggly jelly.

At this moment, our kid was a screaming two-by-four tucked under my husband's arm enroute to the car.

This was a little embarrassing. We had been looking at the toy section. Our child wanted a particular toy right then.

Eventually, our child learned that the "screaming statue" tactic resulted in our leaving the store immediately.

Now that our kids are in their 20s, selecting gifts isn't as easy as a trip to the toy store. Gift cards seem to be a logical choice that allow people to choose what they want. Sometimes, however, gift cards get tucked in a drawer and are found much later, if ever.

According to a Credit Summit survey of 1,200 consumers, half of consumers lose their gift cards.

An estimated \$21 billion is tied up in unused gift cards.

While gift cards are appreciated by many, what are some other gifts for adults? If you give gifts for the holidays, consider a few ideas and free online resources from NDSU

Extension.

1. Give a gift that promotes safe food preparation. A food thermometer, an apron and a set of potholders are usually welcome additions to a kitchen. Grilling enthusiasts might enjoy long-handled food turners. If you like to sew, you can make the potholders and apron in the favorite colors and design of the recipient.

See www.ag.ndsu.edu/food and check out the "Home Food Safety" section for handouts about thermometers, food storage and more. They are free to download and share.

2. Create a cookbook of favorite family recipes. If you have the actual recipes in the handwriting of a relative, photocopy or scan them to make an extra-special keepsake. Add some digital photos of the recipe writer.

Although great-grandma's home food preservation recipes might be tempting to share, we caution against sharing "old" food preservation recipes. Cookie and cake recipes usually are fine to share, but food preservation research has led to changes in our recommendations.

Be sure to compare "old" canning recipes to current ones.

Sometimes, canning recipes withstand the test of time, but often they do not. See ag.ndsu.edu/food and go to "Food Preservation" for the latest information.

3. Consider a gift that helps you avoid food waste. We all have experienced increased prices at grocery stores. Unfortunately, an estimated 31% of food is wasted at the retail level or at home according to the U.S. Department of Agriculture's Economic Research Service.

Let's work together to avoid throwing away edible food. How about a new set of microwaveable bowls, freezer containers and/or an insulated lunch bag to make use of these "planned-over" foods? Consider composting leftover food scraps, such as potato peelings.

See the "Food Preparation" section at ag.ndsu.edu/food. The "Pinchin' Pennies in the Kitchen" series of publications have ideas to make foods from what you have on hand. These can be printed into a booklet of ideas.

See "How to Compost" at ndsu.edu/agriculture/extension/publications/how-compost if you want to learn how to turn vegetable table scraps into "black gold" for

growing gardens.

4. I have a potential gift as a thank you for reading "Prairie Fare." We created 2024 recipe calendars. I'd like your feedback and invite you to enter a drawing for 50 free calendars (one per person) by Dec. 23.

Go to <https://forms.gle/L1R5qUbthp4SQEE99> and enter the two-minute survey. If the survey link does not work for you, please send an email to julie.garden-robinson@ndsu.edu and include your name, full mailing address and an idea for a column topic. Be sure the subject of your email says "calendar drawing."

How about some beverage, soup or bread mixes as gifts for family and friends? We have several "quick mixes" (at ndsu.ag/quick-mixes), which can be made as a recipe or layered in a jar for a gift mix.

Herb Quick Bread
 2 cups all-purpose white flour
 1 cup whole-wheat flour
 1 tablespoon baking powder
 3 teaspoons caraway seeds
 ½ teaspoon salt
 ½ teaspoon ground nutmeg
 ½ teaspoon dried thyme

If making a gift mix, layer the recipe ingredients in a clean quart-

sized jar. Cover the jar tightly with a lid, decorate if desired and attach a copy of the recipe card.

1 recipe/jar Herb Quick Bread mix

1 egg
 1 cup fat-free milk
 1/3 cup canola oil

Preheat oven to 350 degrees. In a mixing bowl, whisk together dry ingredients. In a separate bowl, whisk the egg, milk and oil. Add the wet ingredients to dry ingredients and stir until moistened. Place mixture in a 9- by 5-inch loaf pan coated with nonstick cooking spray and bake for 40 to 50 minutes. Cool for 10 minutes in pan; remove from pan and place on a wire cooling rack.

Makes 16 servings. Each serving has 140 calories, 5 grams (g) fat, 4 g protein, 21 g carbohydrate, 1 g fiber and 180 milligrams sodium.

(Julie Garden-Robinson, Ph.D., R.D., L.R.D., is a North Dakota State University Extension food and nutrition specialist and professor in the Department of Health, Nutrition and Exercise Sciences.)

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Garrison Community Chest Fund Drive

Thanks to the generosity of the Garrison area residents and merchants, the Community Chest has been able to support local area and state charities through an earnest city and rural fund drive while keeping the number of charitable drives in the community at a minimum. We would appreciate your consideration for a generous contribution in order to meet these needs.



Ready, Set, Give!

2023

Below is a list of the charities supported this year. Please indicate which charities your contribution is to support and drop off or mail to:

TruCommunity Bank
P.O. Box 339
Garrison, ND 58540

Make your check payable to "**Garrison Community Chest**," and return by December 31, 2023.

We thank you for your past support and request your generous support with the 2023 Fund Drive.

Name _____ Total Donation _____

Please complete and return with check made payable to: Garrison Community Chest

<input type="checkbox"/> Garrison Ambulance	<input type="checkbox"/> Benedictine Living Center Activity Fund	<input type="checkbox"/> Garrison Fire Department
<input type="checkbox"/> Gifts From the Heart	<input type="checkbox"/> Garrison Hospital Activity Fund	<input type="checkbox"/> SACA
<input type="checkbox"/> Heritage Park	<input type="checkbox"/> Camp of the Cross	<input type="checkbox"/> Garrison Community Foundation (St. Joseph Fund)
<input type="checkbox"/> Garrison Senior Citizens	<input type="checkbox"/> Garrison Food Pantry (GARC)	<input type="checkbox"/> Wilderness Park
<input type="checkbox"/> Meals on Wheels	<input type="checkbox"/> Dolly Parton Imagination Library	<input type="checkbox"/> General Distribution
<input type="checkbox"/> Cub Scouts (local)	<input type="checkbox"/> Garrison School Hot Lunch Program	<input type="checkbox"/> McLean County Historical Society
<input type="checkbox"/> McLean Co.Resource Center	<input type="checkbox"/> Little Lunches Back Pack	
<input type="checkbox"/> Girl Scouts (local)	<input type="checkbox"/> Max Food Pantry	

THANK YOU FOR YOUR DONATION!

Contact Your Bank For An Automatic Monthly Payment From Your Account



Garrison Community Chest is administered by Better Living For Garrison

