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Monday, January 1, 2024

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NOTICE FOR REQUEST OF PROPOSALS AND BIDS

Notice is hereby given that the Board of Supervisors of the South McLean County Soil Conservation District will receive sealed proposals with bids for the new construction of cold storage building at the office of the South McLean County Soil Conservation District until 2:00 PM, Monday, January 29th, 2024. The proposal must be mailed or otherwise deposited with the District Manager, and it shall be sealed and endorsed "Proposal for Construction".

Each bid shall be accompanied by a bidder's Bond in the amount of five percent (5%) of the net sum bid. Bids must be submitted on the forms furnished by the South McLean County Soil Conservation District and in accordance with the specification and conditions contained. Copies of the proposal forms may be obtained from the South McLean County Soil Conservation District office in Turtle Lake, ND.

The Board reserves the right to reject any and all bids, to waive informalities or technicalities and to accept the bid or bids which appear in the best interest of the South McLean County District.

By order of the South McLean County Soil Conservation District Supervisors the 5th day of December 2023.

Christiana Kelly, District Manager
South McLean County Soil Conservation District
PO BOX 537 / 24 2nd Ave E
Turtle Lake, ND 58575

Due to the New Year holiday, Our deadlines for **The Leader-News and Central McLean News-Journal** will be on Friday at 4 p.m.

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CALENDAR

SATURDAY, DECEMBER 30

THE THRIFT STORE, Garrison Area Resource Center, 10 a.m. to 1 p.m.

MONDAY, JANUARY 1

FIRST DAY HIKE, Fort Stevenson State Park, 6 p.m.

WEDNESDAY, JANUARY 3

YOGA, First Congregational Church, Garrison, 8 a.m.

THE THRIFT STORE, Garrison Area Resource Center, 10 - 6 p.m.

NEW ALCOHOLICS ANONYMOUS, UCC, 7 p.m.

THURSDAY, JANUARY 4

BONE BUILDERS, Garrison Senior Center, 10 a.m.

A A MEETING, Garrison Hospital (enter through ER), 8 p.m.

COMMUNITY CLOTHING SHARE-EXCHANGE at 221 Main St. in Turtle Lake has a clothing opportunity at no cost each Thursday from 12:00 -6:00 p.m.

FRIDAY, JANUARY 5

TURTLE LAKE SENIOR CENTER 1:30 p.m. at Turtle Lake City hall

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TURTLE LAKE PUBLIC LIBRARY - Monday and Thursday, 10 a.m. to 5 p.m.; Tuesday, 10 a.m. to 6 p.m.

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GARRISON LIBRARY - open Mondays from 10 a.m. to 5 p.m., Tuesdays-Thursdays 10 a.m. to 6 p.m., and Fridays 9 a.m. to 1 p.m.

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WE THE PEOPLE

Section Three and Constitutional Democracy?

BY DAVID ADLER

Critics of the Colorado Supreme Court's ruling that former President Donald Trump, under the express terms of Section 3 of the 14th Amendment, is ineligible to appear on the ballot as a Republican presidential candidate, assert that the Disqualification Clause is undemocratic and, therefore, it should not be invoked to deprive voters of the right to decide who their next president will be.

If the American people want to vote for a candidate for the Office of the Presidency, it is argued, they should not be denied that choice. Some have warned that use of the Disqualification Clause will have disastrous consequences for democracy. Others have argued that courts should not define the boundaries of democracy.

The Colorado ruling, based on "clear and convincing evidence" that Trump engaged in insurrection on Jan. 6, 2021, does, in fact, limit voters' choices, but that is true of other constitutional provisions that disqualify various citizens from holding the Office of the Presidency.

The Framers of the Constitution believed that eligibility requirements for the presidency, which seem to trench on the right

of voters to choose their leaders, are sometimes necessary to protect our constitutional democracy, Article II-- the executive article-- provides that the president must be 35 years old, a natural born citizen and must have lived in the United States for at least 14 years. These electoral checks and constitutional guardrails limit voters' choices. The age and residency requirements reflect the Framers' concerns about maturity and knowledge of the nation-- its politics, problems and issues. The natural born citizen requirement sought protection from a foreign leader who might impose authority at odds with constitutional principles and republican values. These eligibility requirements met with little opposition since Americans viewed them as serving the higher goals of our constitutional order.

The Impeachment Clause -- Article II, Section 4-- reflects yet another constitutional limitation on voters' rights to choose their president. The Framers' implementation of an impeachment power to remove a president from office for a variety of offenses against the United States, including treason, bribery and high

crimes and misdemeanors may well counter the wishes of many voters, but was, in the estimation of the Framers, necessary to preserve the constitutional order. The impeachment power includes, moreover, the power of the Senate, if it were to remove a sitting president, to prevent the disgraced officer from ever holding another office under the authority of the United States. That power was intended to prevent the return to power of someone who had engaged in various attacks on our constitutional order including, violation of the oath of office, usurpation of power, violation of the laws of the United States and certainly insurrection and rebellion.

The concerns that motivated the Framers' creation of the Impeachment Clause and disqualification from holding future office inspired the 39th Congress to draft section 3 of the 14th Amendment-- the Disqualification Clause-- which was ratified in 1868. This provision, enforced by the Colorado Supreme Court against Donald Trump, bars the return to power of someone who once took the oath of office and then engaged in, or aided and abetted,

insurrection or rebellion against the United States. Like the Framers of the Constitution, the Republicans who controlled the 39th Congress, believed electoral checks were sometimes necessary to preserve constitutional democracy.

The 22nd Amendment, ratified in 1951, likewise imposed electoral guardrails on the presidency. Motivated by President Franklin D. Roosevelt's election to a fourth term in 1944, Republicans in Congress mobilized support to push through a constitutional amendment to limit the president to two terms. Growing concerns about executive aggrandizement of power linked to longevity in office were sufficiently strong to persuade the American people to once again limit their own voting options when it involved the presidency.

Opponents of the 22nd Amendment argued that it violated their voting rights, as do current opponents of the invocation of the Disqualification Clause of the 14th Amendment, but the overriding sense that a nation has a right to protect itself by restricting access to office prevailed among the American electorate.

Some provisions of the

original Constitution, including protection for slavery and denial to women of the right to vote, for example, were clearly undemocratic but, over time, were amended out of the Constitution, as the American people came to recognize the cruelty and arbitrariness of those provisions that reflected anachronistic values of another age.

But other provisions that seem undemocratic-- Article II criteria for presidential eligibility, the Impeachment Clause, the Disqualification Clause of the 14th Amendment and the 22nd Amendment-- because they impose limits on the choices of voters, have retained their vitality and relevance in an age marked by grave constitutional challenges. These voter-limiting provisions serve the greater interest of the nation--the necessity of preserving our constitutional democrac.

This column is supported by Humanities North Dakota, a nonprofit dedicated lifelong learning, and the North Dakota Newspaper Association.

PRAIRIE DOC PERSPECTIVE

Unraveling Medical Myths

BY JILL KRUSE

Myths are just stories we tell ourselves and others to make sense of the world around us. Myths convey beliefs or values and attempt to tell truths. In their effort to tell the truth, myths may exaggerate or misrepresent things. Sometimes this misrepresentation is innocent, while other times it is used as a tool to regulate or manipulate people. Myths can be used to give a sense of power and control over an overwhelming situation.

Of the many types of myths, ones that deal with medicine are particularly common. A person's life can feel out of control during

times of sickness or injury. It is easy to feel powerless when one's body is not feeling or acting normally. A story that helps explain why this is happening can be comforting. A story can assign blame to whom or what caused this. It can also serve as a lesson or a warning to others. In every myth there is usually some small bit of truth that makes it believable.

Look at the myth "going out with wet hair will cause you to catch pneumonia". It serves as a warning; if you do this, you could put your health in danger. Countless college students running late to early morning classes have

tested this myth, including me. Science has proven that bacteria or viruses in the air entering your lungs cause pneumonia, not wet hair.

If you Google "Does going out with wet hair make you sick" -- you will get over 50 million results in less than a second. If you look long enough, you will find at least one page to support whatever stance you want to take on this. Mayo clinic and Cleveland clinic both have websites stating this is a myth. Some websites say "this is a myth, but..." They go on to hypothesize subtle correlations between having wet hair and lowering

nasal passage temperatures just enough to increase susceptibility to a virus that may already be there. Of course, there will always be grandmothers who insist that they are right, regardless of what any doctor, institution, or the internet says.

We live in an age of easy information. With so many answers and opinions, it is very easy to get overwhelmed and not know who or what to believe. This is why we at the Prairie Doc have strived to bring in experts each week to help give health information that is based on Science and built on Trust. We know that

without science, we cannot bring you accurate information. More importantly, without trust, it really does not matter what we tell you. We hope that over the last twenty years we have earned that trust. Please continue to tune in to South Dakota Public Television, Facebook, or YouTube and ask those questions. We are here for you and truly look forward to discussing your questions each week. We will help you separate medical myth from fact so you can "Stay Healthy Out There".

DAKOTA GARDENER

Garden Reflection

BY CARRIE KNUTSON

Every year as the snow falls, I pause and reflect on garden successes, failures and goals for next year. Last December, I had some gardening practices that I needed to change. So, how did I do on my planned improvements?

I had a few successes. I did keep better control of my volunteer dill and cosmos. I saved seed and seeded rows where I knew they wouldn't shade out my other plants. I still have work to do, but it was much improved from last year. I saved seed again this year and will keep weeding out volunteers.

Succession plantings didn't happen, but I did spread out seeding and planting times in the

garden so that there wasn't as much produce ready at the same time. I planted spinach, lettuce, beets and peas as soon as the soil was workable, and the air temperatures were steadily above 40 degrees Fahrenheit. Then, I planted the beans, cucumber, cabbage and broccoli later.

I planted only three zucchini plants and it was just about right. Due to the hot weather and decreased pollination, I found myself wishing I had more. However, the reduced zucchini crop freed space on my plate so that I could eat more green beans and potatoes. It was a good experiment and I will stick with just three zucchini plants for next year.

I had a great crop of watermelon and muskmelon. My family was eating a muskmelon and watermelon a week during August. I learned that a ripe muskmelon will indeed slip from the vine when it is ready. It is almost magical. Watermelons on the other hand were harder to harvest correctly. A few were harvested before they were ripe, and some were over ripe.

As for failures, I learned that I need to take the time to label what I plant and record it in my binder. I will not remember in the fall. There was a mysterious fruit in the melon patch. I didn't remember planting it, so I figured it was a volunteer

from previous years. The fruits were getting pretty large, about the size of a basketball. So, I just picked one and cut it open. It was a muskmelon! The experience was humbling.

I also learned the importance of paying attention during harvest. I planted two different varieties of carrots. I was concentrating on getting the carrots out of the ground before the first round of snow and rain came, so I just harvested both rows together. One variety is excellent raw. I couldn't keep enough of the carrots clean to eat during the week. However, I found out the second variety was not as enjoyable. Now when I reach for a carrot, it is a game of chance

for my taste buds.

I have more failures I could write about but I am running out of room. My reflection has left me with the goal of focusing on "time" next year. By "time", I mean slowing down to focus on my garden tasks, to record information in my garden binder, and enjoy my yard.

I hope you all had successes in your garden this year. If you had failures, hopefully you learned from them, find some humor and maybe a garden friend or mother-in-law had extra tomatoes so that you could make a couple of batches of salsa (just speaking from experience). Happy gardening!

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MCLEAN COUNTY SHERIFF'S DEPARTMENT REPORTS FOR DEC. 10 - 15

Dec. 10
Deputies received a call at about 10 a.m. regarding cattle on state Highway 41 near mile marker 17. The caller reported a dozen or so cattle on the highway, however, cows made it back home when deputies arrived. Deputies noted people were working on the fence.

Dec. 11
Deputies preformed a traffic stop at about 11 p.m. to North Dakota Highway 83 near mile marker 171 in Max for having a taillight out. A 23-year-old male was cited for driving with no insurance - second offense and driving under suspension. He was given a warning about the taillight.

Deputies responded at about 6:10 p.m. to Cenex in Wilton on a report of a gas drive off. Deputies were unable to locate the vehicle.

Deputies were dispatched at about 4:30 p.m. to First Street and County Road 14 in Underwood on

a report of a vehicle crash. It was advised the reporting party was rear-ended by another vehicle but there were no reported injuries.

Dec. 12
Deputies were dispatched at about 1 p.m. to First Street in Wilton for a parking complaint. A written warning was issued for 72-hour parking.

Deputies received a report of a gas drive off at about 11:40 a.m. from Cenex in Wilton, where it was noted the license plate was documented. When the plate was ran through the system, deputies discovered the vehicle was reported stolen out of Minot. Information was passed along to Burleigh County deputies as the vehicle continued south on ND highway 83.

Deputies responded at about noon to Enerbase in Washburn on a report of theft. The reporting party stated they believed about \$22,000

in lottery fraud had occurred over the weekend. The incident is under investigation.

Dec. 13
Deputies from McLean County assisted Mercer County at about 8:30 p.m. after a caller reported shots fired in the Stanton area.

Dec. 14
Deputies were dispatched at about 6:30 p.m. to Riverside Park on Boat Ramp Road in rural McLean County on a report of a drug/narcotic violation. A juvenile was detained, and parent called to the scene. Deputies also performed a vehicle search at the scene.

Deputies responded at about 8:30 a.m. to the Turtle Lake Weigh Station to a report of a motor vehicle crash. No injuries were reported. A citation was issued for failing to yield.

Deputies assisted another agency at about 1 a.m. with a fleeing vehicle. Mountrail County

dispatched requested assistances on Highway 37 near mile marker 7. During the pursuit, the driver was driving on the wrong side of the road with speeds near 90 miles per hour. After a brief stop, the driver took off again, swerving from the ditch to the road. A deputy did ram the vehicle in an attempt to stop the driver. After spike strips were deployed, the vehicle became stuck in a snowbank at 41st Avenue and 22nd Street. Deputies reported holding the driver at gunpoint as he was still attempting to get away. Once detained, Ernest Red Fox, 38, of New Town, was arrested for driving under the influence, reckless endangerment and fleeing in a motor vehicle. A deputy was also medically examined after the incident.

Dec. 15
Deputies preformed a traffic stop at about 9:30 a.m. to state Highway 83 near mile marker 129 in

Washburn for a speeding offense. When approaching the vehicle, deputies smelled marijuana, which resulted in a search of the vehicle. Marijuana paraphernalia and marijuana was found during the search. A 20-year-old male from Minot was cited for possession of drug paraphernalia, possession of marijuana and speeding.

Deputies responded at about 3:30 p.m. to the 700 block of Northgate Road in Washburn on a parking complaint as a vehicle has been parked for longer than 48 hours. A homeowner was contacted, in which she stated the vehicle was her mother's and she did not have the keys.

Deputies responded at about 3:30 p.m. to the Washburn area on a report of a parking complaint as a vehicle had been parked for longer than 48 hours. The vehicle was tagged.

MCLEAN COUNTY PREPARING FOR UPCOMING ELECTION YEAR Commissioners approve precincts and polling locations for 2024

BY KELLI AMELING, ASSOCIATE PUBLISHER

McLean County Commissioners approved its six districts and four voting locations for the upcoming 2024 election cycle.

During the Dec. 5 McLean County Commissioner meeting, Auditor Beth Knutson declared the voting precincts and polling locations, in which the commission unanimously approved.

Precinct numbers and names include:
280801 - Legislative District 8 - McLean County
280401 - Legislative District 4B McLean County Less 280402
280402 - Legislative District 4A - McLean County - Fort Berthold Reservation
280601 - Legislative District

6 - McLean County - South Conservation District
280602 - Legislative District 6 - McLean County - West McLean Soil Conservation District
283301 - Legislative District 33 - McLean County
Each location will have polling hours of 7 a.m. to 7 p.m. Residents in those areas can vote by mail

prior to Election Day or at voting centers throughout the county on Election Day.

McLean County voting center locations include:
Garrison City Auditorium
15 Main St. South, Garrison
Turtle Lake American Legion Auditorium

23 Second Ave. East, Turtle Lake
Washburn Memorial Hall, 805 Main Ave., Washburn
The precinct 280402 polling location:
White Shield Community Center
1501 S. Main St. White Shield

MCLEAN COUNTY TO BE 'SUPPORTER' LEVEL FOR VISION WEST NORTH DAKOTA Commission will re-evaluate after one-year membership

BY KELLI AMELING, ASSOCIATE PUBLISHER

McLean County will be joining the Vision West North Dakota organization in hopes of bringing benefits to the county.

Auditor Beth Knutson brought information about the organization to McLean County Commissioners at their Dec. 5 meeting where the county leaders weighed the pros and cons of joining the group.

Knutson explained there are currently 10 other counties taking part in VWND, which offers an array of seminars, workshops, trainings and other resources to help entities work toward economic sustainability.

According to the VWND website, "The primary goals of the project are to address immediate, short-term needs to meet growth management challenges and establish a diversified economy in the future through the development

of local and regional strategic plans."

"It sounds like a great organization, but is it great for us," said Commission Vice Chairperson Barry Suydam in evaluating the pros and cons.

Knutson pointed out that with certain membership levels comes the ability to advertise open positions McLean County currently has in hopes of reaching a bigger audience than what they do locally.

Commissioner Steve Lee agreed, stating the investment would be in addition to local job postings and not a replacement of it.

"I think it would be a great thing to be a part of," said Commission Chairperson Steve Cottingham, adding the county could try the membership for a year and see what benefits it brings. "We could

get a feel for what is going on."

The commissions approved a "Supporter" membership for \$800 annually, and will re-evaluate continuing the membership next year.

With the Supporter level membership, McLean County will be joining Billings County, city of Halliday, Stanley, Kenmare Community Development and Western Dakota Energy Association at that level.

The benefits of this level include a listing of the organization - including a link and logo - on the Vision West website, free advertisements in three newsletters, discounts to attend events and trainings, news stories about the organization in the newsletter provided by the county, member spotlight/advertising in the newsletter.



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Thursday January 11th @ Farmers Choice McClusky, ND

- 10am Speakers
- Noon Free Lunch
- 12-2pm Trade Show

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 • **DELIVERY PROBLEMS:** If you're having any problems getting your Xtra - when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800-658-3485 when you want to report problems.

ANNOUNCEMENTS

NEW IN the area? Get better acquainted with the Garrison Community. Welcome Wagon booklets are available at City Hall, the Firefighter's Museum/CVB or by calling 463-2600 or 463-2345.
 36-TFNCCI 58540

SUPPORT GROUP: Alcoholics Anonymous Hotline 1-888-680-0651. Alcoholics Anonymous and Al-Anon meetings in Center, Sundays at 5 p.m. CT, St. Paul Lutheran Church, (no Al-Anon) 794-3381; in Garrison, Thursday at 8 p.m. at Garrison Hospital Cafeteria, enter through ER; in Washburn, Sundays at 7 p.m. First Lutheran Church, Harold call 460-1373 or Rachel 202-6716; in Wilton, Mondays at 7 p.m., Sacred Heart Church, 734-6544.
 15-TFNPI 58540

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 52-TFNPI 58540

"WANT TO Save some Money?" Check out the specials in this week's XTRA. If you're not receiving the XTRA, call this newspaper and we'll make sure you do.
 24-TFNPI 58540

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 21-TFNCG 58540

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 12-TFN-CH,XT

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LOST & FOUND

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 36-1XNCX 58540

NOTICES

HAVE YOU BEEN in a relationship where you were emotionally or physically battered? Call McLean Family Resource Center, 701-462-8643 24/7, Washburn. The office hours are 9 a.m. to 5 p.m., Monday through Friday. EEOC compliant.
 1-e-tfn-nc 58577

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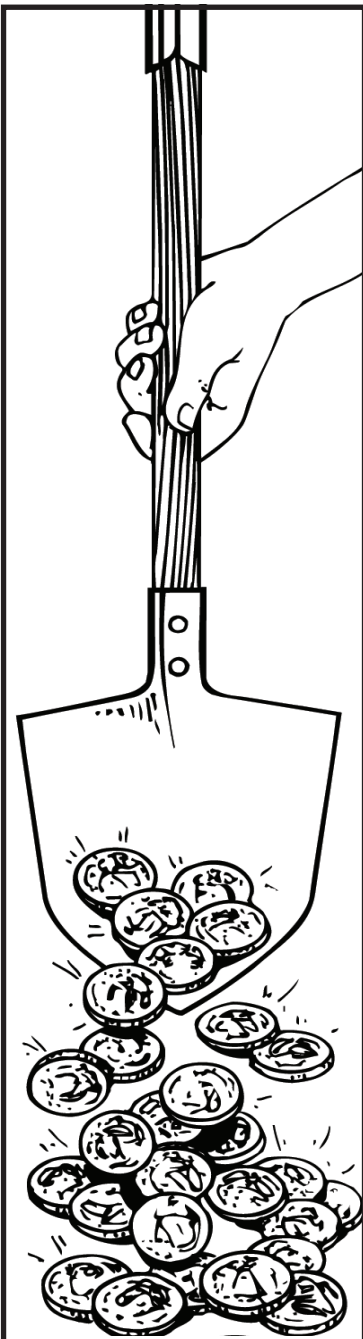
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 34-9-e-pd 58577

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 Garrison, ND 58540
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The McLean County Independent is seeking a **FREELANCE WRITER** for the Max area. Duties include covering events in that area that are happening. Would also research stories and obtain facts, interviewing individuals, providing photographs, investigating newsworthy stories, covering sporting events. If interested, please call 463-2201 or email resume or application to: darla@nordaknorth.com

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DAKOTA DATEBOOK

Baby Boom

BY SARAH WALKER

Jan 1, 2024
In the start of a new year, it is nice to step back and think about what has happened and what is to come. Many cities publish information summing up events and statistics of the old year. On the first day of 1948, the Fargo Forum published a forty page newspaper, filled with description of the previous year's progress and with predictions for the coming year in the Fargo-Moorhead area.

The baby boom was definitely well under way; among the top articles in the many, many pages, the Forum listed reports of increased population. The Cass county birth rate was up, and the

divorce rate was down, one article stated. However, although the number of people in Fargo was increasing, it was felt that exact numbers couldn't be determined until 1950. Judging by gas and water connections, telephones and electric meters, though, not all of which had been installed, the city had grown by hundreds, even thousands.

Of course, with increased people, more places of business and residence needed to be established. The Forum claimed that residential construction hit five million dollars in 1947, and it showed no signs of stopping.

Housing was expected to be a

problem for 1948, as it had been for 1947. The paper reported, "indications point to as big a housing construction year, ... but accompanied with virtually all the problems of 1947." There were 203 permits given out for temporary housing, in which families lived in trailers, basements, houses on blocks, even converted garages, structures that they were to keep up to code that would house them and their families. Many lived in hotels, so that vacancies were rare. Even for those who were building, the price of materials was increasing. The paper claimed this housing problem, both national and international "in scope," stemmed

from too many people building houses. Statistically speaking, though, housing was needed. At the start of the year, the Fargo Chamber of Commerce had a list of 200 families waiting for vacancies

These problems and points of progress were happening everywhere, of course, but nowhere more succinctly, if not shortly, stated than in the Forum.

Therefore, it should serve as no surprise that the North Dakota baby derby, celebrating the first new baby born in the New Year, benefitted a West Fargo child, a girl born to the Mannes family at 12:25 a.m. on January 1.

In an odd coincidence, a baby

boy was born at the exact same time in Minot, to the Wilson family.

"The 1948 stork derby in North Dakota will go down in the books as a two-way tie between the sexes," the Bismarck Tribune stated.

It was an auspicious start to a new generation.

"Dakota Datebook" is a radio series from Prairie Public in partnership with the State Historical Society of North Dakota and with funding from the North Dakota Humanities Council. See all the Dakota Datebooks at prairiepublic.org, subscribe to the "Dakota Datebook" podcast, or buy the Dakota Datebook book at shopprairiepublic.org.

The Homesteader's Son

BY ANN ERLING

In May of 1900, John Link bid farewell to his native home in Bohemia and set sail for America. Like many immigrants before him, John settled temporarily in the east where he was able to find work in a textile factory in Massachusetts. After many years of working, John had saved enough money to send for his childhood sweetheart, Anna. In 1906, John and Anna Link traveled west where they homesteaded in McKenzie County, North Dakota near the

town of Alexander. Who would have known that this hardworking Bohemian homesteader would raise a son who would go on to become a North Dakota governor?

On this date in 1973, John Link congratulated his only son on becoming North Dakota's newest governor. Over 70 years after arriving in America, John Link was present as Arthur A. Link was inaugurated as governor.

Although unable to attend the inaugural ball, John Link

was present at a dinner held by Governor Arthur A. Link at his new home. Upon seeing the Governor's executive residence, the 94 year old North Dakota homesteader exclaimed, "Some homestead shack you've got here." One can only imagine the difference between the governor's mansion and John Link's claim shanty.

Following this intimate family gathering, the Bismarck Civic Center was flooded with over 4,000

guests who wished to celebrate Governor Link's inauguration. After a grand march, 80 gallons of punch, and much celebrating the ball ended and Governor Arthur A. Link assumed his role as North Dakota's newest chief executive. While many were happy for Link's success, none could be prouder than John Link, who had journeyed across an ocean, given his family a home in North Dakota, and raised a son to become a governor of this fair state.

"Dakota Datebook" is a radio series from Prairie Public in partnership with the State Historical Society of North Dakota and with funding from the North Dakota Humanities Council. See all the Dakota Datebooks at prairiepublic.org, subscribe to the "Dakota Datebook" podcast, or buy the Dakota Datebook book at shopprairiepublic.org.

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