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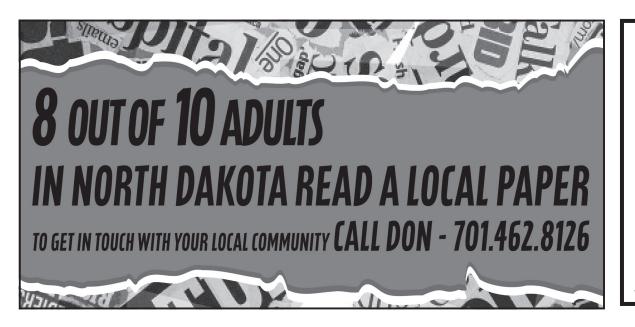
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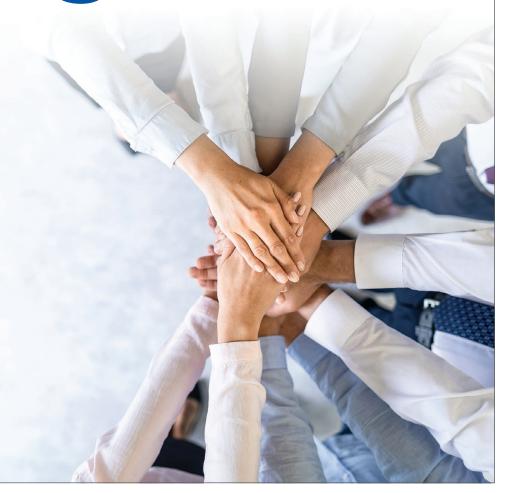
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- •Business Entities & Planning •Real Estate & Title Opinions
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CALENDAR

SATURDAY, MARCH 23

COMMUNITY CUPBOARD OF UNDERWOOD - FOOD PANTRY 9:30 am - Noon; Easter Meal food will be available for shoppers. McLean County Residents in need are welcome. No referrals orpreregistration required.

THE WASHBURN PUBLIC LIBRARY is excited to offer a writing workshop for adults hosted by Kristi Pfliger-Keller on Saturday, March 23rd, 2024, at 1:15 pm, at the Washburn Public Library. Write to Heal is a workshop that uses writing and self-healing tools to help you process stress or trauma. This workshop is free and will take about 2.5 hours.

LORD'S PANTRY FOOD DISTRIBUTION is held at Trinity Lutheran Church in Turtle Lake from 10 am-Noon. No referrals or pre-registration required. All in need are welcome to recieved food at no cost.

THE THRIFT STORE, Garrison Area Resource Center, 10 a.m. to 1 p.m.

THE THRIFT STORE, 181 Ellsworth St., Makoti, 10 a.m. to 1 p.m.

PIECEMAKERS QUILT GUILD MEETING, SACA Lodge, 10 a.m.

GARRISON HIGH SCHOOL PROM GRAND MARCH, Garrison High School, 7:30 p.m.

GARRISON HIGH SCHOOL POST PROM PARTY, departs high school at 11:30 p.m.

SUNDAY, MARCH 24

KNIGHTS OF COLUMBUS PANCAKE BREAKFAST, St. Nicholas Church, 9:30 a.m. to 1 p.m. ANNUAL PALM SUNDAY DINNER, St. John's Lutheran Church-Ryder, 11:30 a.m.-1 p.m.

BENEFIT FOR LARRY DEWITZ, Hometown Tavern, starts at 11 a.m.

CELEBRATION OF LIFE FOR DAVID SCHLECHT, Red Dog Saloon in Surrey, 2 p.m.

MONDAY, MARCH 25

THE WASHBURN PUBLIC LIBRARY invites you to join us Monday Mornings at 10:30 a.m. for our weekly children's story time Puppy Tales with Ichabod.

YOGA, First Congregational Church, Garrison, 8 a.m.

BONE BUILDERS, Garrison Senior Center, 10 a.m.

TUESDAY, MARCH 26

MOTIVATIONAL SPEAKER KINA HART, Max School Gym, 9:00 a.m.

THE THRIFT STORE, 181 Ellsworth St., Makoti, 3-6 p.m.

WEDNESDAY, MARCH 26

YOGA, First Congregational Church, Garrison, 8 a.m.

THE THRIFT STORE, Garrison Area Resource Center, 10 - 6 p.m.

STORY TIME, Garrison Public Library, 11:15 a.m.

ALCOHOLICS ANONYMOUS, First Congregational Church-UCC, 7 p.m.

THURSDAY, MARCH 28

COMMUNITY CLOTHING SHARE-EXCHANGE at 221 Main St. in Turtle Lake has a clothing opportunity at no cost each Thursday from 12:00 -6:00 p.m.

BONE BUILDERS, Garrison Senior Center, 10 a.m.

ALCOHOLICS ANONYMOUS, Garrison Hospital cafeteria (enter through ER), 8 p.m.

FRIDAY, MARCH 29

TURTLE LAKE SENIOR CENTER 1:30 p.m. at Turtle Lake City hall.

MONDAY, APRIL 1

WASHBURN LIONS CLUB meets at 6:30 p.m. in the senior center. Meal will be served before the meeting. All are welcome to join!

THE WASHBURN PUBLIC LIBRARY invites you to join us Monday Mornings at 10:30 a.m. for our weekly children's story time Puppy Tales with Ichabod.

FRIDAY, APRIL 5

TURTLE LAKE SENIOR CENTER 1:30 p.m. at Turtle Lake City hall.

SATURDAY, APRIL 6

THE TASTE OF WASHBURN will take place from 4-7 p.m. at the Memorial Hall.

MONDAY, APRIL 8

MERCER GOLDEN 50'S will meet at 2 p.m. at the City Hall

THE WASHBURN PUBLIC LIBRARY invites you to join us Monday Mornings at 10:30 a.m. for our weekly children's story time Puppy Tales with Ichabod.

FRIDAY, APRIL 12

TURTLE LAKE SENIOR CENTER 1:30 p.m. at Turtle Lake City hall.

SATURDAY, APRIL 13

COMMUNITY CUPBOARD OF UNDERWOOD - FOOD PANTRY from 10 a.m. - noon. McLean County Residents in need are welcome to food. No referrals or pre-registration required. 208 Lincoln Avenue,

LIBRARY HOURS:

WASHBURN PUBLIC LIBRARY - Monday-Thursday 10 a.m. to 6 p.m., Saturday 10 a.m. to 1 p.m. UNDERWOOD PUBLIC LIBRARY - Monday, Wednesday and Friday 10 a.m. to 2 p.m. -Tuesday and

TURTLE LAKE PUBLIC LIBRARY - Monday and Thursday, 10 a.m. to 5 p.m.; Tuesday, 10 a.m. to 6 p.m. MCLEAN-MERCER REGIONAL LIBRARY - Riverdale Open Mon-Fri 8:00 – 12:00 & 1:00 – 5:00 GARRISON LIBRARY - open Mondays from 10 a.m. to 5 p.m., Tuesdays-Thursdays 10 a.m. to 6 p.m., and Fridays 9 a.m. to 1 p.m.

4 | 03.25.24 | Xtra

FOR THE TREES

BY CODY CLEMENSON, FOREST STEWARDSHIP SPECIALIST, NORTH DAKOTA FOREST SERVICE Landscape Forest Stewardship Plan has been developed for the Turtle Mountains

A unified approach to managing the forest in the Turtle Mountain region of North Dakota has come to fruition with the completion of the Turtle Mountain Landscape Forest Stewardship Plan. As one would imagine, these precious forest resources are essential to an agency like the North Dakota Forest Service. However, these forested resources are critical to many others, including other agencies, businesses, and stakeholders throughout the state. That is why a group of invested individuals were tasked with writing a cross-boundary Forest Stewardship Plan encompassing the entire Turtle Mountain Region in North Dakota. The plan's goal is to establish the current baseline

condition of the forested resource and identify mutual goals for future forested conditions. This plan will improve and promote the legacy of the Turtle Mountain landscape and capture what it means to all who live, visit, and recreate in the region.

Anyone who has traveled to the Turtle Mountain region of the state would understand why the Turtle Mountain region was chosen for the state's first Landscape Forest Stewardship Plan. For those unfamiliar, this region is a place unlike anywhere else in North Dakota, with an aspen and birch forest that makes you think you are in another state. This forest system needs regular management to sustain its

ecological importance and unique wildlife habitat qualities, which are essential elements of the forest to different stakeholders.

The group that worked on the plan was comprised of the North Dakota Forest Service, North Dakota Game and Fish, Turtle Mountain Band of Chippewa, North Dakota State University Extension, and various other regional stakeholders. These agencies and individuals were concerned about the decline in the forest due to insufficient management in the region. This decline can be attributed to a decrease in timber harvested for home heating that once effectively maintained the ecological balance over previous generations.

After over a year of collaboration, the Turtle Mountain Landscape Forest Stewardship Plan is complete. The plan developed various goals and objectives to promote a healthy forest for future generations while continuing to provide multiple uses, like fantastic recreational opportunities, wildlife habitat for the ever-elusive ruffed grouse, and maintaining a safe and resilient forest for years to come.

For readers interested in learning more about the plan, it can be found at www.ag.ndsu.edu/ndfs. Scroll to the bottom of the page and find it under the quick links section, labeled "Turtle Mountain Landscape Forest Stewardship Plan. Questions about the plan can be directed to Cody Clemenson at

Turtle Lake

Fire Protection

District Annual

Meeting

Saturday, April 6th at 9 AM

Turtle Lake Fire Hall

cody.s.clemenson@ndsu.edu or 701-228-5490. If you want to learn more about how to best manage the forest on your property, you can request a site visit by calling 701-228-5490 or 701-683-4323.



KOTATHEATRE

Main St., Garrison

Adults - \$7 Under 13 - \$5 Where popcorn is still only 50¢ Movies start @ 7:30 pm

Kung Fu Panda 4, PG

Po must train a new warrior when he's chosen to become the spiritual leader of the Valley of Peace. However, when a powerful shape-shifting sorceress sets her eyes on his Staff of Wisdom, he suddenly realizes he's going to need some help. Teaming up with a quick-witted corsac fox, Po soon discovers that heroes can be found in the most unexpected places. 1h, 34m, Comedy/Adventure 2024

March 29 & 30 7:30 pm

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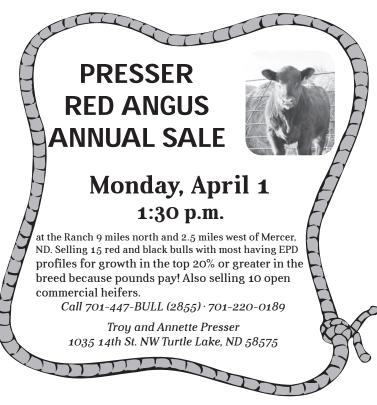
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Two McLean Electric Cooperative Our Touchstone Energy Cooperative The bound of human compositions of the bound of the bo

This year, two districts are up for election:

<u>District 4</u>, which is a three-year term, includes the townships of Dogden, Butte, Otis, Andrews, 150-82, 149-82, Greatstone, Horseshoe Valley, Aurena and Byersville. District 4 is currently served by Darcy Klain and is seeking re-election.

<u>District 6</u>, which is a three-year term, includes the townships of 148-81, Malcolm, 147-84, Victoria, 147-82, Turtle Lake, 146-81, 146-82, Longfellow, 146-84, 145-83, Buffalo Lake, 145-81. District 6 is currently served by Karen Hanson and is seeking re-election.

Pick up a petition at the McLean Electric Cooperative headquarters in Garrison and secure 15 signatures of members from within your district. You can start circulating the petition right away, but it must be filed not less than 60 days before the annual meeting.

Petitions for the 2024 director election must be filed with McLean Electric Cooperative by April 16, 2024.

If you have any questions, please call the office at 701-463-6700.

According to the bylaws, any member of McLean Electric Cooperative who is a member of this cooperative as a bona fide resident of the district he/she represents and is in no way employed by or financially interested in a competing enterprise, can become a candidate for the board of directors. Directors shall be elected by the members at large at the MEC annual meeting on June 18, 2024, in Garrison. Directors have a fiduciary responsibility to the cooperative. They exercise care, time and responsibility in reviewing cooperative matters.

Directors treat cooperative business as if it were their own. Directors devote a certain amount of time to the cooperative. At a minimum, a director attends each monthly board meeting. Directors learn about the industry as a whole by reading other materials and by attending state and national meetings. An understanding of the issues facing the industry is vital. To help directors with their responsibilities, training is offered through the electric cooperative's statewide organization. Courses cover director duties and liabilities, understanding the electric business, board roles and relationships, strategic planning and financial decision making. Directors currently serving the cooperative find the duty extremely rewarding.

PRAIRIE FARE

BY JULIE GARDEN-ROBINSON Snooze your way to health

I pushed "snooze" on my alarm

Eight minutes later, I pushed "snooze" again.

On the first day after the spring time change, I was struggling to awaken. In my fogginess, I wondered how many times you can push "snooze" before your alarm clock stops working.

When the alarm went off for the third time, I figured I had better get moving.

Time changes get me every time. Traveling to other states in other time zones and then returning home for another round of time change is an ongoing adjustment for me.

According to the National Institutes of Health, about one out of three adults do not get the recommended amount of sleep they need.

Sleep is about as important as food in maintaining our physical health. During sleep, our bodies are restoring themselves. Getting adequate sleep helps our immune system function, so we can ward off illnesses. It helps our hormones stay balanced.

Getting too little sleep can increase our risk for high blood pressure and obesity.

Sleep also helps safeguard our mental health and certainly our safety

We all know what it feels like when we do not get the sleep our bodies need. Your friends may steer clear of you if you are suffering the ill effects of too little sleep. If you are sleep-deprived, you might make more mistakes at home or work.

We might feel "foggy" or even fall asleep at unexpected times. Do you fall asleep while attending a meeting or sitting in your car while waiting for someone? Does turning on the TV result in an instant nap in your easy chair?

Falling asleep while driving can become a tragic situation. In fact, too little sleep is at least partly responsible for 100,000 vehicle accidents every year.

We all have sleep rhythms that vary with our age. Teens tend to prefer staying up later and sleeping longer in the morning compared with children and adults, and this is natural due to melatonin, a hormone that helps regulate sleep.

For adults, seven or eight hours of sleep is considered an adequate amount of sleep. Children need more sleep.

Be cautious not to confuse being tired with being hungry. We have two hormones, ghrelin and leptin, that help us discern if we are hungry or full. If these hormones are not working as a team, we can experience changes in our appetite and satiety.

If you have an ongoing issue with sleep, see a health professional about testing for underlying issues.

Here are a few tips to help you "sleep like a baby":

Avoid large meals, tobacco, alcohol, chocolate and caffeinated beverages before going to sleep.

Relax before bedtime by reading a book. Avoid using screens, such as your computer or cell phone. Even flickering lights from a TV may trick your brain into waking up.

Keep a cool, quiet, dark room for sleeping.

Be sure to go to sleep and get up at the same time, even on weekends. Adults need a bedtime as much as kids do.

We are launching the spring session of our free online nutrition program called "Nourish" in April, and registration is open now. Getting adequate sleep is one of the modules. Some North Dakota counties are offering the program face to face. I invite you to join dozens of people who have taken the challenge to improve their health.

We especially want to reach adults 50 and older, but adults of any age are welcome. Sign up at the same time as a friend or family member and nurture each other's progress as you learn about nourishing your body. See www. ndsu.edu/agriculture/extension/programs/nourish to sign up.

Each class will focus on one topic, such as how to keep your eyes healthy. Besides sleep, other topics include how to keep your heart, brain, digestive system, skin, bones and joints healthy.

If you find yourself short on time in the morning, prepare this eat-on-the-go breakfast ahead of time. Try other combinations such as peanut butter, oats and milk, or flavored yogurt, oats, fruit and milk.

Overnight Pumpkin Oats 1/3 cup old-fashioned or quick-

cooking oats
1/3 cup pumpkin puree (canned

pure pumpkin) 1/3 cup nonfat milk

1/3 cup nonfat milk ½ teaspoon cinnamon

2 teaspoons packed brown ugar

Chopped nuts (optional)
Measure all ingredients into

a plastic or glass container with a tight lid. Stir until all of the ingredients are combined. Seal tightly with a lid. Store in the refrigerator overnight.

Makes one serving, with 190 calories, 2.5 grams (g) fat, 7 g protein, 39 g carbohydrate, 6 g fiber and 40 milligrams sodium.

(Julie Garden-Robinson, Ph.D., R.D., L.R.D., is a North Dakota State University Extension food and nutrition specialist and professor in the Department of Health, Nutrition and Exercise Sciences.)



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- · DELIVERY PROBLEMS: If you're having any problems getting your Xtra when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800-658-3485 when you want to report problems.

ANNOUNCEMENTS

NEW IN the area? Get better acquainted with the Garrison Community. Welcome Wagon booklets are available at City Hall, the Firefighter's Museum/CVB or by calling 463-2600 or 463-2345.

SUPPORT GROUP: Alcoholics Anonymous Hotline 1-888-680- 0651. Alcoholics Anonymous and Al-Anon meetings in Center, Sundays at 5 p.m. CT, St. Paul Lutheran Church, (no Al-Anon) 794-3381; in Garrison, Thursday at 8 p.m. at Garrison Hospital Cafeteria, enter through ER; in Washburn, Sundays at 7 p.m. First Lutheran Church, Harold call 460-1373 or Rachel 202-6716; in Wilton, Mondays at 7 p.m., Sacred Heart Church, 734-6544.

DELIVERY PROBLEMS? If you're having any problems getting your XTRA - when and where you want it, we want to know. Call 1-800-229-5028 to report problems. 52-TFNPI

"WANT TO Save some Money?" Check out the specials in this week's XTRA. If you're not receiving the XTRA, call this newspaper and we'll make sure you do.

FARM RELATED

BULK FUEL sale and delivery. Premium Clear #2 fuel, \$3.68/gallon; Premium Dyed #2 fuel, \$3.20/gallon; Unleaded Gas, \$3.10/gallon. Call for current pricing. Call Jason, 701-870-

FOR RENT

3 BEDROOM MOBILE HOME FOR RENT in Washburn. Fresh paint, new carpet and call for details. 701-315-0034

MCLEAN MANOR. 1 Bedroom & Studio apartments for rent. Call Larry 701-463-2320 or 701-421-5002.

GIVEAWAY

23"x35" WHITE SHEETS of tracing paper. Good for packing sheets when moving, kids drawing sheets, wrapping glassware, gift wrapping, etc. Pick them up at the McLean County Independent office at 91 North Main Street, Garrison, ND.

21-TFNNCG

HELP WANTED

GENERAL CONSTRUCTION LABOR-ERS, no experience needed. Pay based on experience. Most work is in Garrison & surrounding area. Contact Kevin Katt @ 701-898-0544 Katt's Construction & General Contacting LLC

12-TFN-CH,XT

LIVESTOCK

WE HAVE THE FOLLOWING ship dates scheduled to ship cows and bulls, Monday April 1st, and April 15th . Asalways, have them there by 11 am. Call Darin @ 701-315-0144 with any questions, also follow us on Facebook.

NOTICES

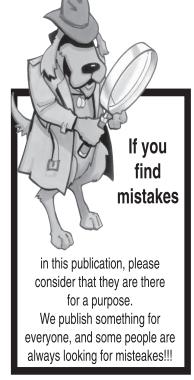
HAVE YOU BEEN in a relationship where you were emotionally or physically battered? Call McLean Family Resource Center, 701-462-8643 24/7, Washburn. The office hours are 9 a.m. to 5 p.m., Monday through Friday. EEOC compliant.

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SERVICES

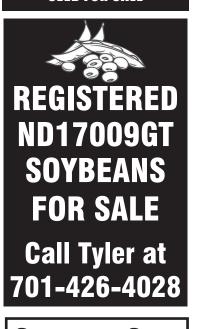
JUST A NOTION! is taking in clothing alterations and repair; knit/crochet repair. Call for free consultation! Charlene Binsfeld, Washburn, 701-220-5831.

34-9-e-pd



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SEED FOR SALE

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Any questions please contact the business office at 701-743-2201.

k12.nd.us/

The McLean County Independent is seeking a FREELANCE WRITER

for the Max area. Duties include covering events in that area that are happening. Would also research stories and obtain facts, interviewing individuals, providing photographs, investigating newsworthy stories, covering sporting events. If interested, please call 463-2201 or email resume or application to: darla@nordaknorth.com

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Garrison, ND 58540 or send resume via email to darla@nordaknorth.com or drop off at 91 N. Main St, Garrison





SECURITY OFFICERS

Washburn & Center, ND

Qualified applicants must be professional, punctual, engaged persons with an excellent work ethic. Employment contingent on passing a criminal background check. Please call (218-726-1606) or email Bill (BillL@GSSC.net) for more information. EOE/AA/Disability/Veterans/M/F Employer Immediate full-time & part-time openings!

PUBLIC WORKS EMPLOYEE - CITY OF WASHBURN, ND

The City of Washburn, ND is accepting applications for a full-

Public Works Employee.

A complete job description can be obtained by contacting the City of Washburn Auditor's Office at PO Box 467, Washburn, ND 58577; by calling 701-462-8558; or emailing washaud@westriv.com

Resumes with a cover letter must be received at the City Office no later than 4:00 PM on Friday, April 5, 2024.

The City of Washburn is an Equal Opportunity Employer.

Benedictine LIVING COMMUNITY | GARRISON

Director of Nursing

Full time position available, at the Benedictine Living Community - Garrison. We are a Faith based Skilled Nursing Community that serves 52 Elders. Our Home takes pride in relying on our core values of hospitality, stewardship, respect, & justice.

We're located near Lake Sakakawea which offers a multitude of recreational opportunities. Garrison is a very active community and has a lot to offer. If you are a strong leader and have a strong interest in geriatrics, come join our team!

Contact Scott Foss, Executive Director, Benedictine Living Community - Garrison at (701) 463-2226 or apply at www.BLCgarrison.com

"Equal Opportunity Employer"

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STATEWIDES

HELP WANTED WANTED: GENERAL MANAGER

Krause's Market in Washburn, ND. Competitive salary, health, 401K, vacation, more. Qualified applicants email resume/questions. krauses@ westriv.com

SIMMONS MULTIMEDIA is expanding in our local markets and has the following opportunities available in both our broadcast radio and newspaper divisions. • Editor: The Borderland Press, Langdon, ND. • Reporter/ Photographer: Valley News & Views, Drayton, ND • Play by Play Sportscaster: KNDK/KLME Radio, Langdon, ND • Office Mgr.: KXPO/KAUJ Radio, Grafton, ND. To request a job description or to apply for any of the above positions send your request with a letter of introduction and resume to HR@ getsimmonsmedia.com

THE CITY OF HILLSBORO is accepting applications for Public Works Superintendent. Full description at www.hillsboro-nd.com. Any questions, contact Auditor Casey Eggermont at casey.eggermont@hillsborond.us, 701-636-4620

MAYPORT CG SCHOOL: hiring Family and Consumer Science teacher. Send resume, ND teaching license to Michael Bradner, 900 Main Street West, Mayville, ND 58257; Michael.bradner@may-portcg.com; 701-788-2281.

MCLEAN COUNTY is hiring one (1) Park Manager for the county park located near Garrison, ND. For more information, visit https://www.mcleancountynd.gov/employment/.

YOU CAN PLACE a 25-word classified ad-like this one-in every North Dakota newspaper for only \$160. It's easy. Contact this newspaper for details.

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schedule a FREE in-home estimate on Carpeting & Flooring. Call Today! 1-866-892-5868

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MISCELLANEOUS

INJURED IN AN ACCIDENT? Don't Accept the insurance company's first offer. Many injured parties are entitled to cash settlements in the \$1000's. Get a free evaluation to see what your case is really worth. 100% Free Evaluation. Call Now: 701-505-

HAVE a news release or other information that needs to reach all ND newspapers? ND Newspaper Association can help! One call does it all. 701-223-6397.



Come Join Our Team!! **Culinary Services Aide** Full-Time. Benefit Eligible

Starting wage \$15.50 Apply at www.blcgarrison.com



Call Jill Borth at (701)463-2226 "EQUAL OPPORTUNITY EMPLOYER"

HIRING

- Part-Time Summer Apprentice Lineworker • Located at Turtle Lake Outpost
 - CDL required

MEG

- Must be able to lift 50 pounds
- Must pass a physical and drug test
- Part-time position (less than 1,000 hours)
- Wage: DOE

Deadline: APRIL 1, 2024

Email or Mail Resume and MEC application to: Sonja Moe - McLean Electric Cooperative PO Box 399, Garrison, ND 58540 sonjadm@mcleanelectric.com

Stop by and pick up an application at MEC or go to www.mcleanelectric.com/careers Any questions, call Keith at 701-463-6700

McLean Electric Cooperative is an Equal Employment Opportunity Employer regarding race, color religion, sex, sexual orientation, gender identity, national origin, disability, and veteran's status.

HELP WANTED



Get your special day into the paper! 462.8126

Wedding?



CITY MAINTENANCE POSITION

The City of Turtle Lake, ND is taking applications for the City Maintenance position.

Duties will include but not limited to

- mowing
- snow removal
- meter reading
- locating city utilities
- assist with repair
- upkeep of city equipment and buildings.

Salary will be based on **experience**.

Please mail **resumes** along with references to P O Box 338, Turtle Lake, ND 58575 or email to citytl@westriv.com.

To place a classified ad call 462.8126 or fill out the form online at nordaknorth.com



HELP WANTED - WOLF CREEK WINERY

Wolf Creek Winery is looking for new team members who are excited to be part of the growing wine industry. These positions are flexible and can vary from one shift per month to 3 days per week and will be responsible for serving in the tasting room as well as helping on the wine-making side of the operation. Must be able to work some weekends. Prior server experience is a plus, but we are willing to train the correct candidate. We are seeking summer only positions as well as ongoing positions. If you are a positive individual who is excited to learn more about the wine industry while being paid a competitive wage, contact Randy at 701-220-7237.



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Assistant Press Operator

- Full-time position
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APPLICATION AVAILABLE AT THE MCLEAN COUNTY INDEPENDENT OFFICE.

Contact Darla Mautz at 463-2201 or email darla@nordaknorth.com for any questions.

DAKOTA DATEBOOK

Early Communication

BY SARAH WALKER

March 20, 2024 — We are living in an age of information. Facebook, Twitter, email, blogs, all of which can be accessed by a variety of instruments, from an available computer in a library, to your own personal smart phones.

On this date in 1924, the Portland Republican reported that the city of Portland, North Dakota, was discovering its own method of instant communication. In an attempt to transmit radio concerts to Portland's Opera House, the mayor, J.M. Wesley, had "one of the finest Western Electric Radio Receiving Sets" installed in his store, along with a three stage loudspeaker.

Wesley, along with City Engineer Albert Aamold, strung a wire from the three stage amplifier approximately five hundred feet to the Opera House, and they tested it after "the Moving Picture Show" was over at about 10:00 in the evening: "...the juice' was turned on and Mr. Wesley 'Tuned in' on the concluding number broadcasted by the Sweeney Automobile School at Kansas City and proved conclusively that the efforts, although not entirely satisfactory on this first test, would be so after a few more times," the newspaper reported. "The test however proved that in the future the public may look forward to some good Radio service.'

Portland had a problem with radio interference, especially in the early part of the evening, due in part to some generators, namely "the large 75 horsepower type 'Y' Fairbanks Morse Engine and the large dynamo in the City Power Plant." This did cause some problems during the first testing of Mayor Wesley's radio receiver, but once the engine was stopped, at 11:00, the radio receiver worked exceedingly well, to the delight of radio enthusiasts throughout Portland.

The receiver was to be used for all sorts of programming—including, since it was an election year, speeches and the like "by the Nation's most prominent men in the large cities," said a proud reporter, who was also in on the experiment.

And Wesley was already working to assemble another set, to pick up any radio station from across the country during the summer with the least amount of static. It was a way to spread information and provide recreation in a time when electronic communication was just emerging.

"Dakota Datebook" is a radio series from Prairie Public in partnership with the State Historical Society of North Dakota and with funding from Humanities North Dakota. See all the Dakota Datebooks at prairiepublic.org, subscribe to the "Dakota Datebook" podcast, or buy the Dakota Datebook book at shopprairiepublic.org.

DAKOTA GARDENER

The only crystal ball I have is a snow globe

BY KELSEY DECKERT, HORTICULTURE AGENT, NDSU EXTENSION - BURLEIGH COUNTY

Do you love to partake in St. Patrick's Day festivities? Many of us do, whether it is simply wearing green, setting up leprechaun traps with your kids or enjoying a green beer!

There are many traditions associated with this Irish celebration, such as finding a shamrock that will bring you good luck. Legend has it that St. Patrick used shamrocks for teaching the Holy Trinity.

In the month of March, shamrocks can be easily found at local greenhouses and nurseries. What exactly is a shamrock? Have you ever found a three- or four-leaf clover in the landscape?

Shamrock is an Irish word that means little clover, though it is unrelated to clover. Shamrocks are a species of Oxalis, also known as woodsorrels. If you see a shamrock in your yard it is most likely yellow woodsorrel. Unless

you are trying to incorporate more pollinators in your landscape or are a low-maintenance gardener, it is considered a weed.

Yellow woodsorrel has thin, green stems and may take root where the nodes touch the ground. It also has dainty yellow flowers that can attract pollinators.

The shamrocks that are sold in local greenhouses are different varieties of Oxalis that make great houseplants. Most have three or four leaflets. The leaves come in shades of green, red or purple. They also have flowers that can be white, yellow, pink or red.

Shamrocks are easy to care for preferring slightly moist, well-drained soils. They do best in bright, indirect light with cool nighttime temperatures. Their leaves may even fold inward at night or on an overcast day.

If you have a shamrock houseplant, you will want to

fertilize monthly while it's actively growing. After a few months the plants will start to decline and go dormant. When you notice the leaves are starting to die back, stop watering and allow the leaves to dry out and turn brown. Remove the dead leaves and place your shamrock in a cool, dark spot for 2 to 3 months depending on the variety for a rest period. After the rest period, move the container back to a bright window and begin watering and fertilizing. Sometimes you may need to repot the shamrock.

With St. Patrick's Day upon us, consider getting a "shamrock" to bring some luck to your life or just to simply enjoy this wonderful houseplant.

For more information about woodsorrels, contact your local NDSU Extension agent. Find the

NDSU Extension agent. Find the Extension office for your county at ndsu.ag/countyoffice.





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Contact the professionals at NDCF for a free, confidential conversation about your options as you plan your estate. www.NDCF.net | 701-222-8349



