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Vol. 42 No. 39
Monday, January 19, 2026

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MENOKEN ND



SOIL HEALTH CONFERENCE PROSPERING WITH THE PRINCIPLES BEFRIENDING BIOLOGY

February 5, 2026

Barry Fisher



Fisher Soil Health, LLC
USDA-NRCS Soil Health Team
Leader/Specialist (Retired)

Barry and his wife, Michael, practice soil health on their cash crop and livestock operation in West Central Indiana.

Matt Powers



Matt teaches permaculture, farming and regenerative gardening to youth, families, schools and adults all over the world through his online courses, videos and books.

AGENDA

- 8:00a - Registration
- 9:00a - Welcome
- 9:15a - Barry Fisher
- 10:15a - Break**
- 10:45a - Matt Powers
- 12:00p - Lunch**
- 1:00p - Producer Panel
Ryan Beer
Ron Kessel
Kelly & DeAnna Lozensky
- 2:30 - Break**
- 3:00p - Closing - Barry Fisher
- 3:30p - Q&A - Darrell Oswald, District Mgr
Burleigh County SCD
- 4:00p - Ice Cream Social**

SPONSORS & PARTNERS



REGISTRATION REQUIRED

While there is no charge to attend this event, we ask that you register by **January 30, 2026** to secure an accurate meal count.

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JM

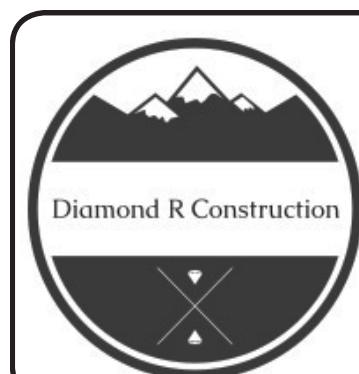
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CALENDAR OF EVENTS

Weekly

EVERY TUESDAY

THE COMMUNITY CUPBOARD OF UNDERWOOD THRIFT STORE is open every Tuesday 1 - 5 pm. 208 Lincoln Ave. Underwood, ND

EVERY THURSDAY

AA MEETING, Turtle Lake Methodist Church on Thursday evenings at 7 pm.

COMMUNITY CLOTHING SHARE-EXCHANGE at 221 Main St. in Turtle Lake has a clothing opportunity at no cost each Thursday from 12:00 -6:00 p.m.

ALCOHOLICS ANONYMOUS, Garrison Hospital cafeteria (enter through ER), 8 p.m.

JANUARY 19

BONE BUILDERS, Garrison Senior Center, 10 a.m.

MAX LIBRARY STORYTIME, Max Public Library, 10:30 a.m.

QUILTING, St. Paul Lutheran Church, 1 p.m.

MAX FOOD PANTRY DISTRIBUTION, Max Civic Center, 4- 5:30 p.m.

AMERICAN LEGION MEETING, Legion Hall-Garrison City Park, 7 p.m.

JANUARY 20

STORY TIME, Garrison Public Library, 11:15 a.m.

THE THRIFT STORE, 181 ELLSWORTH ST., MAKOTI, 3-6 P.M.

ELEMENTARY FELLOWSHIP, First Congregational Church, 3:30 p.m.

GARRISON SCHOOL BOARD, GHS Boardroom, 7 p.m.

MAX SCHOOL BOARD, Max School Library, 6 p.m.

JANUARY 21

STORY TIME, Max Public Library, 10:30 a.m.

THE THRIFT STORE, Garrison Area Resource

Center, 11- 5 p.m.

STORY TIME, Garrison Public Library, 11:15 a.m.

JANUARY 22

COMMUNITY CUPBOARD OF UNDERWOOD, 208 Lincoln Ave food distribution from 4 to 6 p.m. McLean County residents in need are welcome. No referrals or pre-registration required.

JANUARY 24

THE LORD'S PANTRY located at Trinity Lutheran Church in Turtle Lake from 2 to 4 p.m. No referrals or pre-registration required. All in need are welcome to receive food at no cost.

JANUARY 25

TURTLE LAKE FIRE DEPARTMENT PANCAKE AND SAUSAGE FEED 11:00 a.m. to 1:00 p.m. at the Turtle Lake Fire Hall. Free will offering. Everyone is welcome to attend!

SUPER SUNDAY SUPPER at First Lutheran Church 709 5th Ave in Washburn from 4 to 6 p.m. To schedule a delivery or have questions call Judy at 701-220-4410 or Rhonda at 701-315-0656. Free will offering, everyone is welcome to attend!

LIBRARY HOURS:

WASHBURN PUBLIC LIBRARY - Monday-Thursday 10 a.m. to 6 p.m., Saturday 10 a.m. to 1 p.m.

UNDERWOOD PUBLIC LIBRARY - Monday, & Wednesday 9:00 a.m. - 3:00 p.m.; Tuesday & Thursday: 1:00-6:00

TURTLE LAKE PUBLIC LIBRARY - Monday and Thursday, 10 a.m. to 5 p.m.; Tuesday, 10 a.m. to 6 p.m.

MCLEAN-MERCER REGIONAL LIBRARY - Riverdale Open Mon-Fri 8:00 – 12:00 & 1:00 – 5:00

GARRISON LIBRARY - open Mondays from 10 a.m. to 5 p.m., Tuesdays-Thursdays 10 a.m. to 6 p.m., and Fridays 9 a.m. to 1 p.m.

WILTON PUBLIC LIBRARY - At the Senior Citizen Center June 4 thru August 15 on Wednesdays 1 p.m.-3 p.m. and 5 p.m. - 7 p.m.

MAX COMMUNITY LIBRARY-Monday, Tuesday, Thursday 9-12 & 12:30-4:30



AND The Thrift Store

The Thrift Store Hours:

Wednesdays 11-5

Saturdays 10-1

Distribution Day 12-7

All free-will donations support the GARC Food Pantry

71 S. Main • Garrison

Food Pantry Distribution Day - Garrison**Thursday, Jan. 22nd • Noon-2 p.m. and 5-7 p.m.**

DRIVE-BY PICK-UP ONLY IN ALLEY

Donations/memorials accepted at: GARC, PO Box 1002, Garrison, ND 58540 or make a donation directly to our account at Krause's.

Hiddenwood Sportsmans Club

Winter Ice DerbySaturday, Jan. 24th • 10am to 2pm
at Makoti Lake

- \$10.00 Entry Fee
Kids under 12 years are free
- Registration at 9 a.m.
- Derby starts at 10 a.m.
- Prize money for each species

Follow the Hiddenwood Sportsmans FB page or call
Heather @701-720-4386 for more information.**Inpatient Care**

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- Lab
- Dietary
- Housekeeping
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- Radiology

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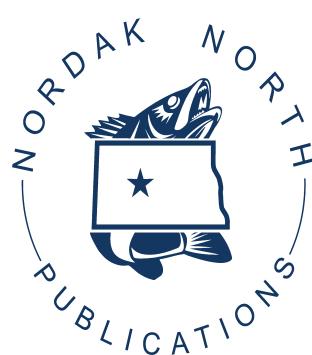
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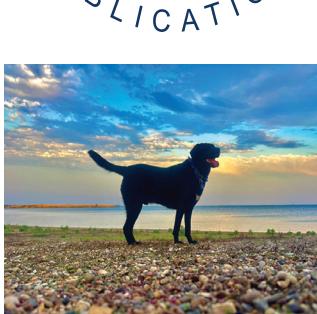
CALENDAR



All through 2026, we would like you to send us your favorite photos for possible inclusion in our calendar!

Email high quality photos to:
darla@nordaknorth.com

91 N. Main St. | Garrison, ND 58540 | (701) 463-2201



TURTLE LAKE FIRE DEPARTMENT PANCAKE & SAUSAGE FEED

SUNDAY, JANUARY 25, 2026
11:00 AM – 1:00 PM

Pancakes & Sausage
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Free Will Offering

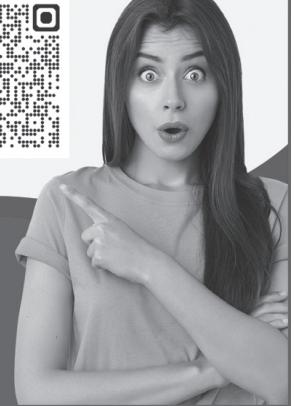
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UPCOMING ANNIVERSARY?

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Nordak North is exploring the possibility of creating a
GARRISON AREA PHONE BOOK
for our local emergency services and the public.

If you are wanting to be included, please email Darla@nordaknorth.com or call 701-463-2201. We are requesting name, address and phone number. You will NOT be included in the phone book if you don't send us your information.

Communities to be included:

**Benedict • Butte • Coleharbor • Douglas • Makoti
Max • Roseglen • Russo • Ryder**



THE CLASSIFIEDS

- **DEADLINE:** 5 p.m. Wednesdays
- **CLASSIFIED WORD ADS:** Terms – Cash, Check, Visa or Mastercard.
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- **CONTACT INFORMATION:** Phone: 462-8126
Email: leadernews@nordaknorth.com • **Website:** www.nordaknorth.com
- **Mailing address:** The Xtra, PO Box 340, Washburn, ND 58577
- **DELIVERY PROBLEMS:** If you're having any problems getting your Xtra - when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800-658-3485 when you want to report problems.

ANNOUNCEMENTS

NEW IN the area? Get better acquainted with the Garrison Community. Welcome Wagon booklets are available at City Hall, the Firefighter's Museum/CVB or by calling 463-2600 or 463-2345.

36-TFNNCI

58540

SUPPORT GROUP: Alcoholics Anonymous Hotline 1-888-680-0651. Alcoholics Anonymous and Al-Anon meetings in Center, Sundays at 5 p.m. CT, St. Paul Lutheran Church, (no Al-Anon) 794-3381; in Garrison, Thursday at 8 p.m. at Garrison Hospital Cafeteria, enter through ER; in Washburn, Sundays at 7 p.m. First Lutheran Church, Harold call 460-1373 or Rachel 202-6716; in Wilton, Mondays at 7 p.m., Sacred Heart Church, 734-6544.

15-TFNP1

58540

DELIVERY PROBLEMS? If you're having any problems getting your XTRA - when and where you want it, we want to know. Call 1-800-229-5028 to report problems.

52-TFNP1

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"WANT TO Save some Money?" Check out the specials in this week's XTRA. If you're not receiving the XTRA, call this newspaper and we'll make sure you do.

24-TFNP1

58540

GIVEAWAY

23"x35" **WHITE SHEETS** of tracing paper. Good for packing sheets when moving, kids drawing sheets, wrapping glassware, gift wrapping, etc. Pick them up at the McLean County Independent office at 91 North Main Street, Garrison, ND.

21-TFNNCG

58540

NOTICES

DON'T LET DOMESTIC VIOLENCE or sexual assault take away your happiness. There are resources to help anyone through their journey of healing from these acts of violence. We assist persons who may be struggling with the trauma of domestic violence or sexual assault. Please call McLean Family Resource Center at 701-462-8643. All calls and services are free and confidential.

1-e-tfn-nc 58577

FOR RENT

The U.S. Army Corps of Engineers has GRAZING and HAY LAND AVAILABLE annually for leasing and contracts at Lake Sakakawea and Lake Oahe. To be notified yearly of the availability of property, please contact Katie Keplin at (701) 654-7719.

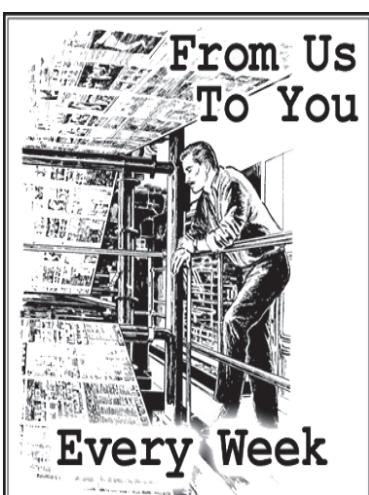
38-4XCHGXT 58540

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50 Guineas for sale, contact Marvin at 701-337-5833 for more info 38GRBBH-SCMLNCRx2pd 39XTx2pd

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Every Week



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City of Garrison, PO Box 459, Garrison, ND 58540

by 4pm January 23, 2026.

Bids will be opened on Monday February 2, 2026, at 7:05 pm. at the city council meeting in the city council room, Garrison, ND.

The city reserves the right to reject any or all bids.

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The Plant Environmental Superintendent is responsible for providing leadership with daily oversite, direction, and guidance for the proper operation and maintenance of all pollution control devices and other equipment located at the Milton R. Young Station. Compliance with environmental laws and regulations, development of compliance strategies, and the administration of various environmental programs including air quality, solid waste, water effluent, potable water, and others.

This position supervises Environmental Engineer(s), Plant Engineer(s) and Environmental Specialists in the Plant Environmental Department and will assist the plant leadership in ensuring achievement of key operating objectives in the areas of employee safety, employee relations, project management, profitability, unit availability, efficiency, equipment safety, and reliability in full compliance with all applicable laws, regulations, policies, and procedures.

This position requires a bachelor's in science degree in Engineering or a related Science discipline from an ABET-accredited university. Progress towards professional licensure is preferred. Must have a valid driver's license and be able to meet the physical and mental requirements of the position.

On-line applications can be found at www.Minnkota.com. Resumes will not be accepted without a completed application.

Closing date to submit applications is January 18, 2026.

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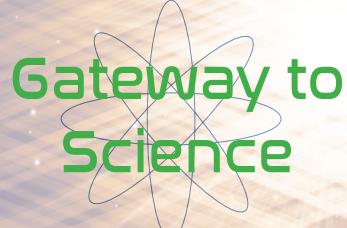


For questions contact:
kara.jones900@commonspirit.org

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9 a.m. - 4 p.m.

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We're Right Here.

Healthy mind =
Healthy you

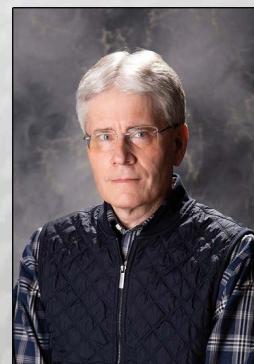
Taking care of your mental health is just as important as caring for your body. At Coal Country Community Health Center, we're here to listen, support, and help you find balance.

Whether you're feeling overwhelmed, anxious, or simply need someone to talk to, our behavioral health team is ready to walk beside you.

Because your mind deserves the same care and attention as the rest of you.



Dan Foster, LCSW



Thomas Eick, DO, Psychiatrist



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with your phone
camera to get to
know our providers



Carly Rychner, LMSW

Because your mental health matters.

 Coal Country Community
HEALTH CENTER

Beulah Clinic
1312 Hwy 49 N
Beulah, ND
701-873-4445

Center Clinic
111 E. Main St.
Center, ND
701-794-8798

Hazen Clinic
510 Eighth Ave NE
Hazen, ND
701-873-4445

Killdeer Clinic
220 4th Ave SW
Killdeer, ND
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